



Metz HEADSTART BREAKFAST / LUNCH MENU

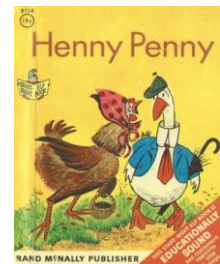
April 24-27, 2017



Monday	Tuesday	Wednesday	Thursday	
May 1, 2017	May 2, 2017	May 3, 2017	May 4, 2017	
French Toast Sticks	Breakfast Sausage Pizza	Cereal & Chocolate Bear	Frudel	
Taco Dinner Roll Refried Beans	Cheeseburger on Bun Chic Peas	Pasta w/ meatsauce Bread Stick Romaine Salad	Hot Dog on Bun Vegetarian Beans	
Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	
May 8, 2017	May 9, 2017	May 10, 2017	May 11, 2017	<p>Breakfast & Lunch are served with Fruit & Milk</p> <p>Menu Subject to change without notice</p>
French Toast Sticks	Scrambled Eggs w/ Sausage	Cereal	Breakfast Pizza	
BBQ Ribby Steamed Peas	Chicken Taco Green Beans	Hamburger on Bun Corn on the Cob	Sloppy Joe on Bun Broccoli	
Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	
May 15, 2017	May 16, 2017	May 17, 2017	May 18, 2017	
Breakfast Pizza	Cereal	Dutch Waffle	Cereal	
BBQ Ham on Bun Baby Carrots	Popcoen Chicken with Roll Steamed Corn	Pizza Tator Tots	Pasta w/ Meat Sauce Gaden Salad	
Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	
May 22, 2017	May 23, 2017	May 24, 2017	May 25, 2017	
Breakfast Pizza	Cereal	Cook's Choice	Cook's Choice	
Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice	
Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	

WHOLE GRAIN CEREAL SELECTION MAY INCLUDE:
Lucky Charms
 Trix
 Cocoa Puffs
 Honey Chex
 Cheerios

SOME SELECTIONS ARE REDUCED SUGAR!



Breakfast & Lunch are served with Fruit & Milk

