



# CP December Breakfast Menu

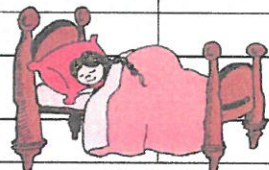
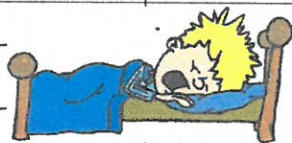


| Monday<br>Dec 3, 2018  | Tuesday<br>Dec 4, 2018   | Wednesday<br>Dec 5, 2018   | Thursday<br>Dec 6, 2018  | Friday<br>Dec 7, 2018  |
|--|--|--|--|--|
| Waffles with Syrup   | Apple Frudel   | Sausage And Cheese On A Bagel                                    | Donuts   | Breakfast Pizza  |
| Assorted Cereal With Muffin                                      | Assorted Cereal With Belly Bears                                 | Assorted Cereal With Belly Bears                                 | Assorted Cereal With Belly Bears                                 | Assorted Cereal With Belly Bears                                 |
| Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit |
| Choice of Milk   | Choice of Milk   | Choice of Milk   | Choice of Milk   | Choice of Milk   |

| Monday<br>Dec 10, 2018   | Tuesday<br>Dec 11, 2018  | Wednesday<br>Dec 12, 2018  | Thursday<br>Dec 13, 2018   | Friday<br>Dec 14, 2018   |
|--|--|--|--|--|
| Sausage Links With Toast   | Ham And Cheese On A Croissant                                    | Scrambled Eggs With Toast  | Breakfast Pizza  | French Toast Sticks With Syrup                                   |
| Assorted Cereal With Muffin                                      | Assorted Cereal With Belly Bears                                 | Assorted Cereal With Belly Bears                                 | Assorted Cereal With Belly Bears                                 | Assorted Cereal With Belly Bears                                 |
| Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit |
| Choice of Milk   | Choice of Milk   | Choice of Milk   | Choice of Milk   | Choice of Milk   |

| Monday<br>Dec 17, 2018   | Tuesday<br>Dec 18, 2018  | Wednesday<br>Dec 19, 2018  | Thursday<br>Dec 20, 2018   | Friday<br>Dec 21, 2018   |
|--|--|--|--|--|
| Donuts   | Sausage And Cheese On A Bagel                                    | Mini Cinnamon Roll   | Yogurt And A Banana Loaf   | Breakfast Pizza  |
| Assorted Cereal With Muffin                                      | Assorted Cereal With Belly Bears                                 | Assorted Cereal With Belly Bears                                 | Assorted Cereal With Belly Bears                                 | Assorted Cereal With Belly Bears                                 |
| Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh fruit or Assorted canned fruit | Assorted 100% Fruit Juice & Fresh Fruit Or Assorted canned Fruit |
| Choice of Milk   | Choice of Milk   | Choice of Milk   | Choice of Milk   | Choice Of Milk   |

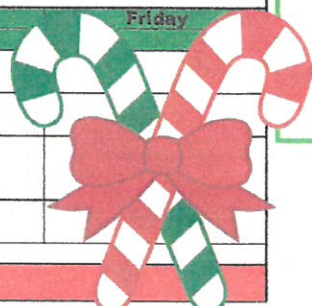
| Monday<br>Dec 24, 2018 | Tuesday<br>Dec 25, 2018 | Wednesday<br>Dec 26, 2018 | Thursday<br>Dec 27, 2018 | Friday<br>Dec 28, 2018 |
|------------------------|-------------------------|---------------------------|--------------------------|------------------------|
| No School              | No School               | No School                 | No School                | No School              |



| Monday<br>Dec 31, 2018 | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---------|-----------|----------|--------|
| No School              |         |           |          |        |



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|---------|-----------|----------|--------|
|        |         |           |          |        |



**What is a Meal?**

You must Choose at least 3 of the 4 components available for the school breakfast.

Choice of :Grain or protein  
Choice of fruit or vegetable  
(must take at least a 1/2 cup)

And  
Choice of Milk  
1% white, Fat Free White, Chocolate, Vanilla or Strawberry

Fruit May Include:  
Canned Peaches, pineapple  
applesauce, pears,  
Fruit Cocktail,  
mandarin oranges  
100% juice (apple, orange)  
Fresh Fruit  
selection including  
apples, bananas and  
oranges

Whole Grain Cereal  
Selection May Include:  
Cinnamon Toast Crunch  
Cocoa Puffs  
Trix  
Lucky Charms  
Cheerios

Breakfast Pizza Offered Daily  
**Donuts Offered Daily**

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For your convenience we now offer a way to pay online. Go to "www.payforit.net" to find out more.