

## ***Commodore Perry School District***

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Dear Parents and Guardians:

Although we can see spring just around the corner, the cold and flu season hasn't left us yet. And because there is increased attention in the media around the coronavirus (COVID-19), a new virus that causes respiratory illness in people and can spread from person-to-person, we want to assure you that we are doing everything possible to keep the germs that cause **all** of these illnesses at bay! The Pennsylvania Department of Education (PDE) has provided information from the Center for Disease Control (CDC) to assist in preventing and slowing the spread of these illnesses. This information, while not new, includes very important guidance that we should all take seriously:

- Cover any coughs or sneezes with your elbow; do not use your hands
- Wash hands often with soap and hot water for at least 20 seconds
- Use alcohol-based hand sanitizers if soap and water aren't available
- Avoid touching eyes, nose, and mouth
- Clean surfaces frequently, such as countertops, light switches, cell phones, and other frequently touched areas.
- Stay home and/or keep children home when sick (fever of 100 or above without medication)

Also, please know that we are constantly monitoring these health concerns and will follow any direction we receive from the PDE; however, we also believe that there is no reason to panic about COVID-19. We will be diligent in monitoring it, just as we have with the latest colds and flu that have affected many in our CP family. It is through partnerships and communication that we can prevent the spread of any illnesses and keep our CP family healthy!

For additional information, follow the links below:

Common Cold: <https://www.cdc.gov/features/rhinoviruses/>

Influenza (flu): <https://www.cdc.gov/flu/index.htm>

Coronavirus: <https://www.health.pa.gov/topics/disease/Pages/Coronavirus.aspx>

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