

October 2021



Commodore Perry Breakfast Menu

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast.

Choice of: Grain or protein
Choice of Fruit or a vegetable
(must take at least a 1/2 cup)

Choice of Milk
1% White or 1% Chocolate

Fruit May Include:
Canned
Peaches, pineapple, fruit cocktail, pears, applesauce, or mandrine oranges

100% juice (apple or orange)

Fresh Fruit may include:
Apple, Banana or Orange

Breakfast Prices:
Students: \$1.30
Reduced: \$0.30
Adult Breakfast: \$2.25
Milk: \$0.65

General Manager
Joni Maybee
Phone Number
724-253-3255 Ext:1228
Email
jmaybee@cpanthers.org

For your convenience we offer a way to pay online. Go to www.payschoolscentral.com to find out more.

USDA is an equal opportunity provider and employer

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chocolate Donuts or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk
4 Yogurt and Blueberry Loaf or Assorted Cereal With a Muffin Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5 Cinnamon Bun or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	6 Egg and Cheese Burrito or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	7 Mini Blueberry Pancakes or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	8 
11 	12 Scrambled Eggs W/ Toast or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	13 Sausage Egg & Cheese on a English Muffin or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	14 Mini Pancakes or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	15 Powdered Donuts or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk
18 Dutch Waffle or Assorted Cereal With a Muffin Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	19 French Toast Sticks with sausage links Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	20 Ham & Cheese Bagel or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	21 Breakfast Pizza or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	22 Chocolate Donuts or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk
25 Bacon Egg & Cheese on a English Muffin or Assorted Cereal With a Muffin Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	26 Breakfast Pizza or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	27 Mini Waffles or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	28 Cinnamon toast Bread or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	29 Yeast Donuts or Assorted Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk
				