

Commodore Perry MS/HS LunchMenu

November 2021



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk



Offering a variety of Chef Inspired

- Creations
- Lunch Prices:
- Student: \$2.50
- Reduced: \$.40
- Adult: \$3.25 with Bottled Water
- Milk: \$.65

Daily Options May include:

- Chicken Patty Sandwich
- Spicy Chicken Patty Sandwich
- Hamburger/Cheeseburger
- Pizza, Variety

Menu is subject to change based on product availability.

For your convenience we offer a way to pay online.

www.payschoolscentral.com

General Manager: David Pankratz



Cook: Trina Rice

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USDA is an equal opportunity provider and employer.

MONDAY 11/1/21	TUESDAY 11/2/21	WEDNESDAY 11/3/21	THURSDAY 11/4/21	FRIDAY 11/5/21
cheffresh Chef Salad, Grilled Chicken Salad or Turkey Cheese Wrap <small>fresh • made • goodness • to • go</small>				
Entrée Cowboy Burger Cheese, onion rings and BBQ sauce FEATURED VEGGIES Curly Fries Baked Beans Featured Fruit Choice of Milk	Entrée Beef Enchilada FEATURED VEGGIES Steamed Carrots Salsa Featured Fruit Choice of Milk	Entrée Chicken & Gravy over biscuits FEATURED VEGGIES Mashed Potatoes Mixed Veggies Featured Fruit Choice of Milk	Entrée Mac And Cheese garlic stick FEATURED VEGGIES Sweet Potato Fries Fresh Broccoli Featured Fruit Choice of Milk	No School Act 80 Day
11/8/21	11/9/21	11/10/21	11/11/21	11/12/21
cheffresh Chef Salad, Italian Salad or Ham And Cheese Wrap <small>fresh • made • goodness • to • go</small>				
Entrée General Tso Chicken with Rice and roll FEATURED VEGGIES Steamed Broccoli Cucumber Salad Featured Fruit Choice of Milk	Entrée Nacho Grande FEATURED VEGGIES Refried Beans Tomato & Onion Salsa Featured Fruit Choice of Milk	Breakfast For Lunch! French Toast Sticks with sausage links FEATURED VEGGIES Hash Brown Potato Side Salad Featured Fruit Choice of Milk	Entrée Chicken Nuggets with buttered noodles FEATURED VEGGIES Steamed Corn Celery Sticks Featured Fruit Choice of Milk	Entrée Toasted Pepperoni pizza flatbread sandwich FEATURED VEGGIES Steamed Peas Broccoli Salad Featured Fruit Choice of Milk
11/15/21	11/16/21	11/17/21	11/18/21	11/19/21
cheffresh Chef Salad, Taco Salad or Turkey/Bacon/Cheddar Wrap <small>fresh • made • goodness • to • go</small>				
Entrée Italian Meatball and cheese on a sub bun FEATURED VEGGIES Green Beans Baby Carrots Featured Fruit Choice of Milk	Entrée Walking Taco with a roll FEATURED VEGGIES Refried Beans Lettuce & Tomato Featured Fruit Choice of Milk	Entrée Loaded Bacon & Cheddar Pierogies FEATURED VEGGIES Mixed Vegetables Chick Pea Salad Featured Fruit Choice of Milk	Grill Day Toasted Cheese Sandwich FEATURED VEGGIES Tomato Soup Sliced Cucumbers Featured Fruit Choice of Milk	Entrée Italian Dunkers with sauce FEATURED VEGGIES Sweet Potatoes Fresh Broccoli Featured Fruit Choice of Milk
11/22/21	11/23/21	11/24/21	11/25/21	11/26/21
cheffresh Chef Salad, Fajita Chicken Salad or Chicken Salad Wrap <small>fresh • made • goodness • to • go</small>				
Entrée Turkey & Cheese Melt on a croissant FEATURED VEGGIES Steamed Peas Baby Carrots Featured Fruit Choice of Milk	Entrée Soft Pork Taco FEATURED VEGGIES Steamed Mix Vegetables Cole slaw Featured Fruit Choice of Milk	Entrée Pasta W/ Meatsauce Garlic Knots FEATURED VEGGIES Steamed Green Beans Side Salad Featured Fruit Choice of Milk	No School  Happy Thanksgiving	
11/29/21	11/30/21	12/1/21	12/2/21	12/3/21
cheffresh Chef Salad, Crispy Chicken Salad or Italian Deli Wrap <small>fresh • made • goodness • to • go</small>				
No School 	Entrée Buffalo Chicken Dip over Tortilla Chips FEATURED VEGGIES Steamed Carrots Lettuce And Tomato Featured Fruit Choice of Milk	Entrée Popcorn Chicken Bowl Mashed Potato Steamed Corn Featured Fruit Choice of Milk	Entrée Italian melt Pretzel bun with ham , pepperoni & cheese FEATURED VEGGIES French Fry pepper strips Featured Fruit Choice of Milk	Entrée Corn Dog FEATURED VEGGIES Steamed Corn Sliced Cucumbers Featured Fruit Choice of Milk