



# Commodore Perry MS/HS Lunch Menu March/April 2022



## What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk



Offering a variety of Chef Inspired Creations

Lunch Prices:

Student: \$2.50

Reduced: \$.40

Adult: \$3.25 with Bottled Water

Milk: \$.65

Daily Options May include:

- MTO Sandwich/Salad Bar
- Chicken Patty Sandwich
- Spicy Chicken Patty Sandwich
- Hamburger/Cheeseburger
- Pizza

Menu is subject to change based on product availability.

General Manager: David Pankratz

Cook: Trina Rice





724-253-3255 Ext 1228

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For your convenience we offer a way to pay online.  
www.payschoolscentral.com

Looking for a part time job where you have the same schedule as your kids?  
We are looking for Food service workers at Commodore Perry School District.  
If you are interested or want to learn more contact David Pankratz @ 724-253-3255

USDA is an equal opportunity provider and employer.

MONDAY 3/14/22	TUESDAY 3/15/22	WEDNESDAY 3/16/22	THURSDAY 3/17/22	FRIDAY 3/18/22
<b>cheffresh</b> fresh • made • goodness • to • go <b>Chef Salad, Grilled Chicken Salad or Turkey Cheese Wrap</b>				
Entrée Cowboy Burger Cheese, onion rings and BBQ sauce  <b>FEATURED VEGGIES</b> Curly Fries Baked Beans Featured Fruit Choice of Milk	Entrée Beef Enchilada  <b>FEATURED VEGGIES</b> Steamed Carrots Salsa Featured Fruit Choice of Milk	Entrée Chicken & Gravy over biscuits  <b>FEATURED VEGGIES</b> Mashed Potatoes Mixed Veggies Featured Fruit Choice of Milk	Entrée Mac And Cheese garlic stick  <b>FEATURED VEGGIES</b> Sweet Potato Fries Fresh Broccoli Featured Fruit Choice of Milk	Vacation Day  
<b>3/21/22</b> <b>3/22/22</b> <b>3/23/22</b> <b>3/24/22</b> <b>3/25/22</b>				
<b>cheffresh</b> fresh • made • goodness • to • go <b>Chef Salad, Italian Salad or Ham And Cheese Wrap</b>				
Vacation Day  	Entrée Nacho Grande  <b>FEATURED VEGGIES</b> Refried Beans Tomato & Onion Salsa Featured Fruit Choice of Milk	<b>Breakfast For Lunch!</b> French Toast Sticks with sausage links  <b>FEATURED VEGGIES</b> Hash Brown Potato Side Salad Featured Fruit Choice of Milk	Entrée Chicken Nuggets with buttered noodles  <b>FEATURED VEGGIES</b> Steamed Corn Celery Sticks Featured Fruit Choice of Milk	Entrée Italian Sausage on a sub  <b>FEATURED VEGGIES</b> Steamed Green Beans Cole Slaw Featured Fruit Choice of Milk
<b>3/28/22</b> <b>3/29/22</b> <b>3/30/22</b> <b>3/31/22</b> <b>4/1/22</b>				
<b>cheffresh</b> fresh • made • goodness • to • go <b>Chef Salad, Taco Salad or Turkey/Bacon/Cheddar Wrap</b>				
Entrée Italian Meatball and cheese on a sub bun  <b>FEATURED VEGGIES</b> Green Beans Baby Carrots Featured Fruit Choice of Milk	Entrée Walking Taco with a roll  <b>FEATURED VEGGIES</b> Refried Beans Lettuce & Tomato Featured Fruit Choice of Milk	Entrée Loaded Bacon & Cheddar Pierois  <b>FEATURED VEGGIES</b> Mixed Vegetables Chick Pea Salad Featured Fruit Choice of Milk	<b>Grill Day</b> Toasted Cheese Sandwich  <b>FEATURED VEGGIES</b> Tomato Soup Sliced Cucumbers Featured Fruit Choice of Milk	Entrée Italian Dunkers with sauce  <b>FEATURED VEGGIES</b> Sweet Potatoes Fresh Broccoli Featured Fruit Choice of Milk
<b>4/4/22</b> <b>4/5/22</b> <b>4/6/22</b> <b>4/7/22</b> <b>4/8/22</b>				
<b>cheffresh</b> fresh • made • goodness • to • go <b>Chef Salad, Fajita Chicken Salad or Chicken Salad Wrap</b>				
Entrée Turkey & Cheese Melt on a croissant  <b>FEATURED VEGGIES</b> Steamed Peas Baby Carrots Featured Fruit Choice of Milk	Entrée Soft Pork Taco  <b>FEATURED VEGGIES</b> Steamed Mix Vegetables Cole slaw Featured Fruit Choice of Milk	Entrée Pasta W/ Meat sauce Garlic Knots  <b>FEATURED VEGGIES</b> Steamed Green Beans Side Salad Featured Fruit Choice of Milk	Entrée Cheeseburger tater tot Bowl  <b>FEATURED VEGGIES</b> Tater Tots Pickles Featured Fruit Choice of Milk	Entrée Pepperoni & Cheese Calzone  <b>FEATURED VEGGIES</b> Baked Beans Fresh Cauliflower Featured Fruit Choice of Milk
<b>4/11/22</b> <b>4/12/22</b> <b>4/13/22</b> <b>4/14/22</b> <b>4/15/22</b>				
<b>cheffresh</b> fresh • made • goodness • to • go <b>Chef Salad, Crispy Chicken Salad or Italian Deli Wrap</b>				
Entrée Lasagna with a bread stick  <b>FEATURED VEGGIES</b> Steamed Green Beans Side Salad Featured Fruit Choice of Milk	Entrée Buffalo Chicken Dip over Tortilla Chips  <b>FEATURED VEGGIES</b> Steamed Corn Lettuce And Tomato Featured Fruit Choice of Milk	Entrée Popcorn Chicken Bowl  <b>FEATURED VEGGIES</b> Mashed Potato Steamed Corn Featured Fruit Choice of Milk	Vacation Day  	Vacation Day
<b>4/18/22</b> <b>4/19/22</b> <b>4/20/22</b> <b>4/21/22</b> <b>4/22/22</b>				
<b>cheffresh</b> fresh • made • goodness • to • go <b>Chef Salad, Buffalo Chicken Salad Or Tuna Salad Wrap</b>				
Vacation day  	Entrée Beef Hard Taco with Spanish rice  <b>FEATURED VEGGIES</b> Mexicali Corn Refried Beans Featured Fruit Choice of Milk	Entrée Chicken Alfredo over Penne/with a breadstick  <b>FEATURED VEGGIES</b> Steamed Broccoli celery sticks Featured Fruit Choice of Milk	Entrée Hot Ham & Cheese on a Croissant  <b>FEATURED VEGGIES</b> Tater Tots Ranchero Carrots Featured Fruit Choice of Milk	Entrée Chicken Flatbread Quesadilla  <b>FEATURED VEGGIES</b> Steamed Peas Cherry Tomatoes Featured Fruit Choice of Milk