

April/May 2022



Commodore Perry Breakfast Menu

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast.

Choice of: Grain or protein
Choice of Fruit or a vegetable
(must take at least a 1/2 cup)

Choice of Milk
1% White or 1% Chocolate

Fruit May Include:
Canned
Peaches, pineapple, fruit cocktail,
pears, applesauce, or mandarin
oranges

100% juice (apple or orange)
Fresh Fruit may include:
Apple, Banana or Orange

Breakfast Prices:
Students: \$1.30
Reduced: \$0.30
Adult Breakfast: \$2.25
Milk: \$0.65

Cook - Trina Rice
724-253-3255 Ext:1228
ma1049@metzcorp.com

For your convenience we offer a way to pay online. Go to
www.payschoolcentral.com to find out more.

USDA is an equal opportunity provider and employer

Menu subject to change based on
product availability

Looking for a part time job where you have
the same schedule as your kids?
We are looking for Food service workers at
Commodore Perry School District.
If you are interested or want to learn more
contact David Pankratz @ 724-253-3255 Ext.
1228

Monday	Tuesday	Wednesday	Thursday	Friday
4/25/2022 Pancakes Assorted Pastries & Cereal With a Muffin Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	4/26/2022 Sausage & Cheese Biscuit or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	4/27/2022 Fruit filled Churros or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	4/28/2022 Pancakes or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	4/29/2022 Donuts or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk
5/2/2022 Mini Strawberry Bagels or Assorted Pastries & Cereal With a Muffin Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/3/2022 Breakfast Pizza or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/4/2022 Pancake on a Stick or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/5/2022 Bagel With Cream Cheese or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/6/2022 Donuts or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk
5/9/2022 Yogurt and CC Loaf or Assorted Pastries & Cereal With a Muffin Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/10/2022 Cinnamon Bun or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/11/2022 Egg and Cheese Burrito or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/12/2022 Fruit filled Churros or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/13/2022 Donut or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk
5/16/2022 Mini Cinni or Assorted Pastries & Cereal With a Muffin Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/17/2022 Omelet W/ Toast or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/18/2022 Sausage Egg & Cheese on a English Muffin or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/19/2022 Pancakes or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/20/2022 Donuts or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk
5/23/2022 Dutch Waffle or Assorted Pastries & Cereal With a Muffin Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/24/2022 French Toast Sticks with sausage links Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/25/2022 Ham & Cheese Bagel or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/26/2022 Breakfast Pizza or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	5/27/2022 Donuts or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk
5/30/2022 Vacation Day	5/31/2022 Cooks Choice or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	6/1/2022 Cooks Choice on a English Muffin or Assorted Pastries & Cereal With a Muffin Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	6/2/2022 Cooks Choice or Assorted Pastries & Cereal With Belly Bears Assorted Canned Fruit or Fresh Fruit 100% Fruit Juice Choice of Milk	6/3/2022