



Commodore Perry MS/HS Lunch Menu April/May 2022



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk



Offering a variety of Chef Inspired Creations

Lunch Prices:

Student: \$2.50

Reduced: \$.40

Adult: \$3.25 with Bottled Water
Milk: \$.65

Daily Options May include:

- MTO Sandwich/Salad Bar Chicken
- Patty Sandwich
- Spicy Chicken Patty Sandwich
- Hamburger/Cheeseburger
- Pizza

Menu is subject to change based on product availability.

724-253-3255 Ext 1228

ma1049@metzcorp.com

For your convenience we offer a way to pay online.

www.payschoolscentral.com

Looking for a part time job where you have the same schedule as your kids?
We are looking for Food service workers at Commodore Perry School District.
If you are interested or want to learn more contact David Pankratz @ 724-253-3255

USDA is an equal opportunity provider and employer.

MONDAY 4/25/22	TUESDAY 4/26/22	WEDNESDAY 4/27/22	THURSDAY 4/28/22	FRIDAY 4/29/22
cheffresh Chef Salad, Grilled Chicken Salad or Turkey Cheese Wrap <small>fresh • made • goodness • to • go</small>				
Entrée Cowboy Burger Cheese, onion rings and BBQ sauce FEATURED VEGGIES Curly Fries Baked Beans Featured Fruit Choice of Milk	Entrée Beef Enchilada FEATURED VEGGIES Steamed Carrots Salsa Featured Fruit Choice of Milk	Entrée Chicken & Gravy over biscuits FEATURED VEGGIES Mashed Potatoes Mixed Veggies Featured Fruit Choice of Milk	Entrée Mac And Cheese garlic stick FEATURED VEGGIES Sweet Potato Fries Fresh Broccoli Featured Fruit Choice of Milk	Entrée Italian Sausage on a sub FEATURED VEGGIES Steamed Green Beans Cole Slaw Featured Fruit Choice of Milk
5/2/22	5/3/22	5/4/22	5/5/22	5/6/22
cheffresh Chef Salad, Italian Salad or Ham And Cheese Wrap <small>fresh • made • goodness • to • go</small>				
Entrée General Tso Chicken with Rice and roll FEATURED VEGGIES Steamed Broccoli Cucumber Salad Featured Fruit Choice of Milk	Entrée Nacho Grande FEATURED VEGGIES Mexicali Corn Tomato & Onion Salsa Featured Fruit Choice of Milk	Breakfast For Lunch! French Toast Sticks with sausage links FEATURED VEGGIES Hash Brown Potato Side Salad Featured Fruit Choice of Milk	Entrée Chicken Nuggets with buttered noodles FEATURED VEGGIES Green Beans Celery Sticks Featured Fruit Choice of Milk	Entrée Toasted Pepperoni pizza flatbread sandwich FEATURED VEGGIES Steamed Peas Broccoli Salad Featured Fruit Choice of Milk
5/9/22	5/10/22	5/11/22	5/12/22	5/13/22
cheffresh Chef Salad, Taco Salad or Turkey/Bacon/Cheddar Wrap <small>fresh • made • goodness • to • go</small>				
Entrée Italian Meatball and cheese on a sub bun FEATURED VEGGIES Green Beans Baby Carrots Featured Fruit Choice of Milk	Entrée Walking Taco with a roll FEATURED VEGGIES Corn Lettuce & Tomato Featured Fruit Choice of Milk	Entrée Waffle Bar Sausage Toppings FEATURED VEGGIES Tater tots Fresh Sliced Peppers Featured Fruit Choice of Milk	Grill Day Toasted Cheese Sandwich FEATURED VEGGIES Tomato Soup Sliced Cucumbers Featured Fruit Choice of Milk	Entrée Corn Dogs FEATURED VEGGIES Curly Fries baby Carrots Featured Fruit Choice of Milk
5/16/22	5/17/22	5/18/22	5/19/22	5/20/22
cheffresh Chef Salad, Fajita Chicken Salad or Chicken Salad Wrap <small>fresh • made • goodness • to • go</small>				
Entrée Popcorn Chicken Bowl FEATURED VEGGIES Mashed Potato Steamed Corn Featured Fruit Choice of Milk	Entrée Pulled pork on a bun FEATURED VEGGIES Steamed Mix Vegetables Cole slaw Featured Fruit Choice of Milk	Entrée Pasta W/ Meat sauce Garlic Knots FEATURED VEGGIES Steamed Green Beans Side Salad Featured Fruit Choice of Milk	Entrée Nacho Bar FEATURED VEGGIES Salsa Refried Beans Featured Fruit Choice of Milk	Entrée Pepperoni & Cheese Calzone FEATURED VEGGIES Baked Beans Fresh Cauliflower Featured Fruit Choice of Milk
5/23/22	5/24/22	5/25/22	5/26/22	5/27/22
cheffresh Chef Salad, Crispy Chicken Salad or Italian Deli Wrap <small>fresh • made • goodness • to • go</small>				
Entrée Lasagna with a bread stick FEATURED VEGGIES Steamed Green Beans Side Salad Featured Fruit Choice of Milk	Entrée Buffalo Chicken Dip over Tortilla Chips FEATURED VEGGIES Steamed Corn Lettuce And Tomato Featured Fruit Choice of Milk	Entrée BBQ Chicken Scalloped Potatoes FEATURED VEGGIES Steamed Broccoli celery sticks Featured Fruit Choice of Milk	Entrée Italian Melt Pretzel bun with ham, Pepperoni & Cheese FEATURED VEGGIES French Fry pepper strips Featured Fruit Choice of Milk	Entrée Cooks Choice FEATURED VEGGIES Steamed Carrots Sliced Cucumbers Featured Fruit Choice of Milk
5/30/22	5/31/22	6/1/22	6/2/22	6/3/22
cheffresh Chef Salad, Buffalo Chicken Salad Or Tuna Salad Wrap <small>fresh • made • goodness • to • go</small>				
Vacation day	Entrée Cooks Choice FEATURED VEGGIES Corn Baby Carrots Featured Fruit Choice of Milk	Entrée Cooks Choice FEATURED VEGGIES Steamed Broccoli celery sticks Featured Fruit Choice of Milk	Entrée Cooks Choice FEATURED VEGGIES Tater Tots Ranchero Carrots Featured Fruit Choice of Milk	