



Commodore Perry Breakfast Menu Feb.- Mar. 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| 2/12/24 | 2/13/24 | 2/14/24 | 2/15/24 | 2/16/24 |
| Breakfast Pizza | Muffins | Sausage Biscuits | Sausage Pancke on a Stick | |
| Of C | or | ОТ | or | ~ ~ |
| Assorted Cereals | Assorted Cereals | Assorted Cereals | Assorted Cereals | ()() |
| 1 10001100 001000 | | | | 000 |
| asorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | |
| & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | |
| or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | _ |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | |
| 2/19/24 | 2/20/24 | 2/21/24 | 2/22/24 | 2/23/24 |
| | French Toast Sticks | Sausage,egg,cheese, muttin | Assorted Muffins | Glazed Donut |
| | or | or | or | Of |
| \cap | Assorted Cereals | Assorted Careais | Assorted Cereals | Assorted Cereals |
| | Popular Ociono | 1,000,000 | | |
| $0 \wedge 0$ | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juio |
| 7 9 | | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh |
| | & Assorted Fresh | or Canned Fruit | or Canned Fruit | or Canned Fruit |
| | or Canned Fruit | | Choice of Milk | Choice of Milk |
| a my ma | Choice of Milk | Choice of Milk | 2/29/24 | 3/1/24 |
| 2/25/24 | | Sausage Biscuits | Mini Waffles | Glazed Donut |
| Breakfast Pizza | Cinnamon Rolls | | OF OF | or |
| or | Of December | Assorted Cereals | Assorted Cereals | Assorted Cereals |
| Assorted Cereals | Assorted Cereals | ASSURBU CERBIAS | 7500tto Corcor | 1000000 |
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| & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh |
| or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| 3/4/24 | 3/5/24 | 3/4/24 | 3/7/24 | 3/8/24 |
| Multins | French Toast Sticks | Sausage,egg,cheese mulfin | Sausage Pancake on a Stick | Glazed Donut |
| or | or | or | or | OF |
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What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein Choice of fruit or vegetable (must take at least a 1/2 cup) and

Choice of Milk Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

Whole Grain Cereal Selection May include:

Cinnamon Toast Crunch Trix Cocoa Puffs **Fruity Cheerlos** Rice Crunch **Lucky Charms** Cheerios Fruit Loops **Frosted Flakes** * Includes Belly Bears

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple), fresh fruit selection including apples, bananas and oranges

Menu Subject to Change due to Availability

Food Service Director **Brenda DeSantis**

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