



COMMODORE PERRY  
PANTHERS



**Metz**  
CULINARY MANAGEMENT

## Commodore Perry High School Lunch Menu Feb- Mar. 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2/12/24</b>	<b>2/13/24</b>	<b>2/14/24</b>	<b>2/15/24</b>	<b>2/16/24</b>
Chicken Alfredo	Nacho Grande	Chicken Sandwich	Mini Corn Dogs w/ cheese sauce	
Bread Stick	or Salad Bar	Tater tots	and a Pretzel Stick & Fries	
or Tried and True	or Tried and True	or Salad Bar	or Salad Bar	
		or Tried and True	or Tried and True	
		Chick Pea Salad		
Green Beans	Rancho Carrots	Ranch Cauliflower Bites	Green Peas	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	
<b>2/19/24</b>	<b>2/20/24</b>	<b>2/21/24</b>	<b>2/22/24</b>	<b>2/23/24</b>
	Toasted Grilled Cheese	Bacon Cheeseburger	Walking Taco	Pizza Cruncher
	with Tomato Soup	Curly Fries	with Pretzel Stick	Tater Tots
	or Salad Bar	or Salad Bar	or Salad Bar	or Salad Bar
	or Tried and True	or Tried and True	or Tried and True	or Tried and True
	Baby Carrots	Seasoned Green Beans	Mixed Vegetable	Chick Pea Salad
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
<b>2/26/24</b>	<b>2/27/24</b>	<b>2/28/24</b>	<b>2/29/24</b>	<b>3/1/24</b>
Popcorn chicken Bowl	Chicken Sandwich	Pierogies and Kielbasi	Soft Taco	Cheese Pizza
with dinner roll	Tater Tots	Roll	Tater Tots	
or Salad Bar	or Salad Bar	or Salad Bar	or Salad Bar	or Salad Bar
or Tried and True	or Tried and True	or Tried and True	or Tried and True	or Tried and True
Mashed Potatoes/Gravy				
Corn	Green Peas	Baked Beans	Roasted Zucchini	Steamed Carrots
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
<b>3/4/24</b>	<b>3/5/24</b>	<b>3/6/24</b>	<b>3/7/24</b>	<b>3/8/24</b>
Ham and Cheese	Chicken Alfredo Penne Pasta	General TSO	Mini Corn Dog w/ cheese sauce	French Bread Pizza
on a Pretzel Bun	Bread Sticks	Brown Rice	with a Pretzel Stick	tater tots
or Salad Bar	or Salad Bar	or Salad Bar	or Salad Bar	or Salad Bar
or Tried and True	or Tried and True	or Tried and True	or Tried and True	or Tried and True
			French Fries	
Green Beans	Corn	Carrots	Green Peas	Buttered Corn
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
<b>3/11/24</b>	<b>3/12/24</b>	<b>3/13/24</b>	<b>3/14/24</b>	<b>3/15/24</b>
Hot Dog on a Bun	Chicken Nuggets with	Pasta with Meat Sauce	Soft Beef Taco	Pizza Crunchers
Baked Beans	Buttered Noodles	Bread Stick	Tater Tots	
or Salad Bar	or Salad Bar	or Salad Bar	or Salad Bar	or Salad Bar
or Tried and True	or Tried and True	or Tried and True	or Tried and True	or Tried and True
Carrots	Ranch Cauliflower Bites	Broccoli	Corn	Green Peas
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
<b>3/18/24</b>	<b>3/19/24</b>	<b>3/20/24</b>	<b>3/21/24</b>	<b>3/22/24</b>
Chicken and Gravy on a Biscuit	Bacon Cheeseburger	Ham and Cheese	Popcorn Chicken Bowl w/roll	Cheese Pizza
Mashed Potatoes and Gravy	tater tots	on a Pretzel Bun	Mashed Potatoes/Gravy	
or Salad Bar	or Salad Bar	or Salad Bar	or Salad Bar	or Salad Bar
Tried and True	or Tried and True	or Tried and True	or Tried and True	or Tried and True
Mixed Vegetables	Green Peas	Broccoli and Cheese Sauce	Corn	Carrots/ Chick Pea Salad
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit

### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk

### Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

### Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, and Mandarin Oranges

### Tried and True Line:

Daily entrée options may include:  
Cheeseburger on a Bun  
Hamburger on a Bun  
Chicken Patty on a Bun  
Spicy Chicken Patty on a Bun  
Cheese or Pepperoni Pizza

### Lunch Prices:

Student \$  
Reduced \$  
Adult \$ 4.75

General Manager  
Brenda DeSanfis  
metzfoods@cpanthers.org  
724.253.3255 ext 1228

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**Student Paid Lunch \$0.00**

**Student Reduced Lunch \$0.00**

**Adult Lunch \$4.75**