



Commodore Perry Breakfast Menu Feb.- March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
2/3/25	2/4/25	2/5/25	2/6/25	2/7/25
Breakfast Pizza	Muffins	Sausage Biscuits	Sausage Pancke on a Stick	Glazed Donut
or	or	or	or	or
Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh
or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
2/10/25	2/11/25	2/12/25	2/13/25	2/14/25
Dutch Waffles	Cinnamon Rolls	Sausage,egg,cheese, muffin	Assorted Muffins	
or	or	or	or	\cap
Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals	
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Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	
& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	
or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	2/21/25
2/17/25	2/18/25	2/19/25	2/20/25 Mini Weffee	Claved Deput
	Cinnamon Rolls	Sausage Biscuits	Mini Waffles	Glazed Donut
\cap	Or Assorted Cereals	or Assorted Cereals	or Assorted Cereals	or Assorted Cereals
200	Assorted Gereals	Assorted Gereals	Assorted Cereais	Assulted Octobis
	Asserted 1000/ Fruit Iulian	Accepted 1009/ Equit Juice	Asserted 1009/ Fruit Juice	Assorted 100% Fruit Juice
	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice & Assorted Fresh	Assorted 100% Fruit Juice & Assorted Fresh	& Assorted Fresh
	& Assorted Fresh	or Canned Fruit	or Canned Fruit	or Canned Fruit
	or Canned Fruit Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
2/24/25	2/25/25	2/26/25	2/27/25	2/28/25
Muffins	French Toast Sticks	Sausage,egg,cheese muffin	Sausage Pancake on a Stick	Glazed Donut
or	or	or	or	or or
Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
& Assorted Fresh	& Assorted Fresh			ASSORED TOO /OTTAIL BUILDE
		2. Accorted Frech	& Accorted Fresh	& Assorted Fresh
or Canned Fruit		& Assorted Fresh or Canned Fruit	& Assorted Fresh or Canned Fruit	& Assorted Fresh
or Canned Fruit Choice of Milk	or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit
or Canned Fruit Choice of Milk 3/3/25	or Canned Fruit Choice of Milk			
Choice of Milk	or Canned Fruit	or Canned Fruit Choice of Milk 3/5/25	or Canned Fruit Choice of Milk	or Canned Fruit Choice of Milk
Choice of Milk 3/3/25	or Canned Fruit Choice of Milk 3/4/25	or Canned Fruit Choice of Milk	or Canned Fruit Choice of Milk 3/6/25	or Canned Fruit Choice of Milk 3/7/25
Choice of Milk 3/3/25 Breakfast Pizza	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin	or Canned Fruit Choice of Milk 3/8/25 Dutch Waffles	or Canned Fruit Choice of Milk 3/7/25 Glazed Donuts
Choice of Milk 3/3/25 Breakfast Pizza or	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin or	or Canned Fruit Choice of Milk 3/5/25 Dutch Waffles Or	or Canned Fruit Choice of Milk 3/7/25 Glazed Donuts or
Choice of Milk 3/3/25 Breakfast Pizza or	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin or	or Canned Fruit Choice of Milk 3/5/25 Dutch Waffles Or	or Canned Fruit Choice of Milk 3/7/25 Glazed Donuts or
Choice of Milk 3/3/25 Breakfast Pizza or Assorted Cereals	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or Assorted Cereals Assorted 100% Fruit Juice	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin or Assorted Cereals	or Canned Fruit Choice of Milk 3/6/25 Dutch Waffles or Assorted Cereals	or Canned Fruit Choice of Milk 3/1/25 Glazed Donuts or Assorted Cereals
Choice of Milk 3/3/25 Breakfast Pizza or Assorted Cereals Assorted 100% Fruit Juice	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or Assorted Cereals	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin or Assorted Cereals Assorted 100% Fruit Juice	or Canned Fruit Choice of Milk 3/6/25 Dutch Waffles or Assorted Cereals Assorted 100% Fruit Juice	or Canned Fruit Choice of Milk 3/1/25 Glazed Donuts or Assorted Cereals Assorted 100% Fruit Juice
Choice of Milk 3/3/25 Breakfast Pizza or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh	or Canned Fruit Choice of Milk 3/6/25 Dutch Waffles or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh	or Canned Fruit Choice of Milk 3/7/25 Glazed Donuts or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh
Choice of Milk 3/3/25 Breakfast Pizza or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh	or Canned Fruit Choice of Milk 3/6/25 Dutch Waffles or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh	or Canned Fruit Choice of Milk 3/7/25 Glazed Donuts or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh
Choice of Milk 3/3/25 Breakfast Pizza or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	or Canned Fruit Choice of Milk 3/6/25 Dutch Waffles or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	or Canned Fruit Choice of Milk 3/7/25 Glazed Donuts or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit
Choice of Milk 3/3/25 Breakfast Pizza or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	or Canned Fruit Choice of Milk 3/6/25 Dutch Waffles or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	or Canned Fruit Choice of Milk 3/7/25 Glazed Donuts or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit
Choice of Milk 3/3/25 Breakfast Pizza or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/10/25 Mini Waffles	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin Or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/12/25 Egg,Sausage,Cheese Muffin	or Canned Fruit Choice of Milk 3/6/25 Dutch Waffles Or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/13/25 Sausage Pancake on a Stick	or Canned Fruit Choice of Milk 3/1/25 Glazed Donuts or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit
Choice of Milk 3/3/25 Breakfast Pizza or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/16/25 Mini Waffles or	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/11/25 Cinnamon Roll or	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/12/25 Egg,Sausage,Cheese Muffin or	or Canned Fruit Choice of Milk 3/6/25 Dutch Waffles or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/13/25 Sausage Pancake on a Stick or	or Canned Fruit Choice of Milk 3/1/25 Glazed Donuts or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit
Choice of Milk 3/3/25 Breakfast Pizza or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/16/25 Mini Waffles or	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/11/25 Cinnamon Roll or	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/12/25 Egg,Sausage,Cheese Muffin or	or Canned Fruit Choice of Milk 3/6/25 Dutch Waffles or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/13/25 Sausage Pancake on a Stick or	or Canned Fruit Choice of Milk 3/1/25 Glazed Donuts or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit
Choice of Milk 3/3/25 Breakfast Pizza or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/10/25 Mini Waffles or Assorted Cereals	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/11/25 Cinnamon Roll or Assorted Cereals	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin Or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/12/25 Egg,Sausage,Cheese Muffin Or Assorted Cereals	or Canned Fruit Choice of Milk 3/6/25 Dutch Waffles Or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/13/25 Sausage Pancake on a Stick or Assorted Cereals	or Canned Fruit Choice of Milk 3/1/25 Glazed Donuts or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit
Choice of Milk 3/3/25 Breakfast Pizza Or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh Or Canned Fruit 3/10/25 Mini Waffles Or Assorted Cereals Assorted 100% Fruit Juice	or Canned Fruit Choice of Milk 3/4/25 Assorted Muffins or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/11/25 Cinnamon Roll or Assorted Cereals Assorted 100% Fruit Juice	or Canned Fruit Choice of Milk 3/5/25 Sausage,egg,cheese muffin or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 5/12/25 Egg,Sausage,Cheese Muffin or Assorted Cereals Assorted 100% Fruit Juice	or Canned Fruit Choice of Milk 3/6/25 Dutch Waffles or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit 3/13/25 Sausage Pancake on a Stick or Assorted Cereals Assorted 100% Fruit Juice	or Canned Fruit Choice of Milk 3/1/25 Glazed Donuts or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein Choice of fruit or vegetable (must take at least a 1/2 cup) and

Choice of Milk
Choice of Milk - 1% white, fat-free
white, chocolate, vanilla and
strawberry

You must take at least 1/2 cup of fruit or vegetable

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
Trix
Cocoa Puffs
Fruity Cheerios
Rice Crunch
Lucky Charms
Cheerios
Fruit Loops
Frosted Flakes
* Includes Belly Bears

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple), fresh fruit selection including apples, bananas and oranges

Menu Subject to Change due to Availability

Food Service Director Brenda DeSantis metzfoods@cppanthers.org

netzfoods@cppanthers.org 724.253.3255 ext 1228

USDA is an Equal Opportunity Provider and Employer





Commodore Perry Elementary Lunch Menu Feb.- March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
2/3/25	2/4/25	2/5/25	2/6/25	2/7/25
Chicken Alfredo	Corn Dogs	Grilled Cheese	Nacho's	Personal Pan Pizza
Garlic Breadstick	Seasoned Potato Wedges	Tomato Soup	Pretzel Stick	
or Ham & Cheese Craveable	or Ham & Cheese Craveable	or Ham & Cheese Craveable	or Ham & Cheese Craveable	or Ham & Cheese Craveable
Broccoli	Green Peas / Black Beans	Carrots / Chick Peas	Green Peas	Buttered Corn
Choice of Milk	Choice of Milk	Choice of Milk	Milk of Choice	Choice of Milk
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
2/10/25	2/11/25	2/12/25	2/13/25	2/14/25
French Toast / Sausage	Chicken Sandwich	Meatball Subs	Nacho's	
Hash Brown Patty	Baked Chips	Curly Fries	Pretzel Stick	
or Yogurt Craveable	or Yogurt Craveable	or Yogurt Craveable	or Yogurt Craveable	$\bigcirc\bigcirc$
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Mix Fruit	Baby carrots	Seasoned Green Beans	Mixed Vegetable	9 6
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	
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2/17/25	2/18/25	2/19/25	2/20/25	2/21/25
=	Ham & Cheese Hoagie	Popcorn Chicken Bowl	Solf Beef Taco	Pizza
^^	Baked Chips	Mashed Potatoes/ Roll	Lettuce & Tomatoes	Side Salads
()() -	PB&J Craveable	PB&J Craveable	PB&J Craveable	PB&J Craveable
0	0 0	5 # 10		
9 6	Green Peas	Buttered Corn	Steamed Carrrots	Buttered Corn
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
	Choice of Eruit	Chains of Equit	Chains of Equit	Chains of Equit
-	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
2/24/25	Choice of Fruit	Choice of Fruit 2/25/25	Choice of Fruit	Choice of Fruit
2/24/25 Pierogies / Roll	TOTAL STATE OF THE	- NO. 17 S. ACT AND S. TO 17 SECTION STATE AND SALES AND		
	2/25/25	2/26/25	2/27/25	2/28/25
	2/25/25 General TSO	2/26/25 Pancake & Sausage	2/27/25 Corndogs	2/28/25 Personal Cheese
Pierogies / Roll	2/25/25 General TSO Rice / Roll	2/26/25 Pancake & Sausage Hash Brown Patty	2/27/25 Corndogs Potato Wedges	2/28/25 Personal Cheese Pizza
Pierogies / Roll	2/25/25 General TSO Rice / Roll	2/26/25 Pancake & Sausage Hash Brown Patty	2/27/25 Corndogs Potato Wedges	2/28/25 Personal Cheese Pizza
Pierogies / Roll Ham & Cheese Craveable	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable	2/26/25 Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable	2/28/25 Personal Cheese Pizza Ham & Cheese Craveable
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli	2/26/25 Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans	2/28/25 Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit	2/26/25 Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit	2/28/25 Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit	2/26/25 Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit	2/28/25 Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/3/25 Chilli Chees Dogs	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit 3/4/25 Chicken Nuggets with	2/26/25 Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit 3/5/25 Pasta With Meat Sauce	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit 3/8/25 Soft Beef Taco	2/28/25 Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/3/25 Chilli Chees Dogs Baked beans	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit 3/4/25 Chicken Nuggets with Buttered Noodles	2/26/25 Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit 3/5/25 Pasta With Meat Sauce Garlic Bread Stick	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit 3/8/25 Soft Beef Taco Lettuce & Tomatoes	2/28/25 Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit 3/7/25 Personal Pizza
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/3/25 Chilli Chees Dogs	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit 3/4/25 Chicken Nuggets with	2/26/25 Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit 3/5/25 Pasta With Meat Sauce	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit 3/8/25 Soft Beef Taco	2/28/25 Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/3/25 Chilli Chees Dogs Baked beans	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit 3/4/25 Chicken Nuggets with Buttered Noodles	2/26/25 Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit 3/5/25 Pasta With Meat Sauce Garlic Bread Stick	Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit 3/8/25 Soft Beef Taco Lettuce & Tomatoes Yogurt Craveable	2/28/25 Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit 3/7/25 Personal Pizza Yogurt Craveable
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/3/25 Chilli Chees Dogs Baked beans Yogurt Craveable	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit 3/4/25 Chicken Nuggets with Buttered Noodles Yogurt Craveable Ranch Cauliflower Bites	Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit 3/5/25 Pasta With Meat Sauce Garlic Bread Stick Yogurt Craveable	Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit 3/8/25 Soft Beef Taco Lettuce & Tomatoes Yogurt Craveable Buttered Corn	Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit 3/7/25 Personal Pizza Yogurt Craveable
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/3/25 Chilli Chees Dogs Baked beans Yogurt Craveable Carrots	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit 3/4/25 Chicken Nuggets with Buttered Noodles Yogurt Craveable	Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit 3/5/25 Pasta With Meat Sauce Garlic Bread Stick Yogurt Craveable Seasoned Green Beans	Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit 3/8/25 Soft Beef Taco Lettuce & Tomatoes Yogurt Craveable	Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit 3/7/25 Personal Pizza Yogurt Craveable
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/3/25 Chilli Chees Dogs Baked beans Yogurt Craveable Carrots Choice of Milk Choice of Fruit	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit 3/4/25 Chicken Nuggets with Buttered Noodles Yogurt Craveable Ranch Cauliflower Bites Choice of Milk Choice of Fruit	Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit 3/5/25 Pasta With Meat Sauce Garlic Bread Stick Yogurt Craveable Seasoned Green Beans Choice of Milk Choice of Fruit	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit 3/8/25 Soft Beef Taco Lettuce & Tomatoes Yogurt Craveable Buttered Corn Choice of Milk Choice of Fruit	Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit 3/7/25 Personal Pizza Yogurt Craveable Green Peas Choice of Milk Choice of Fruit
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/3/25 Chilli Chees Dogs Baked beans Yogurt Craveable Carrots Choice of Milk Choice of Fruit	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit 3/4/25 Chicken Nuggets with Buttered Noodles Yogurt Craveable Ranch Cauliflower Bites Choice of Milk Choice of Fruit	Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit 3/5/25 Pasta With Meat Sauce Garlic Bread Stick Yogurt Craveable Seasoned Green Beans Choice of Milk Choice of Fruit	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit 3/6/25 Soft Beef Taco Lettuce & Tomatoes Yogurt Craveable Buttered Corn Choice of Milk Choice of Fruit	Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit 3/7/25 Personal Pizza Yogurt Craveable Green Peas Choice of Milk
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/3/25 Chilli Chees Dogs Baked beans Yogurt Craveable Carrots Choice of Milk Choice of Fruit	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit 3/4/25 Chicken Nuggets with Buttered Noodles Yogurt Craveable Ranch Cauliflower Bites Choice of Milk Choice of Fruit	Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit 3/5/25 Pasta With Meat Sauce Garlic Bread Stick Yogurt Craveable Seasoned Green Beans Choice of Milk Choice of Fruit	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit 3/6/25 Soft Beef Taco Lettuce & Tomatoes Yogurt Craveable Buttered Corn Choice of Milk Choice of Fruit	Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit 3/7/25 Personal Pizza Yogurt Craveable Green Peas Choice of Milk Choice of Fruit
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/3/25 Chilli Chees Dogs Baked beans Yogurt Craveable Carrots Choice of Milk Choice of Fruit 3/10/25 bicken and Gravy on a Biscuit or	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit 3/4/25 Chicken Nuggets with Buttered Noodles Yogurt Craveable Ranch Cauliflower Bites Choice of Milk Choice of Fruit 3/11/25 B'BQ Sandwich Baked Chips	Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit 3/5/25 Pasta With Meat Sauce Garlic Bread Stick Yogurt Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/12/25 Ham and Cheese on a Pretzel Bun	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit 3/6/25 Soft Beef Taco Lettuce & Tomatoes Yogurt Craveable Buttered Corn Choice of Milk Choice of Fruit 3/13/25 Nacho's Pretzel Stick	Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit 3/7/25 Personal Pizza Yogurt Craveable Green Peas Choice of Milk Choice of Fruit
Pierogies / Roll Ham & Cheese Craveable Seasoned Green Beans Choice of Milk Choice of Fruit 3/3/25 Chilli Chees Dogs Baked beans Yogurt Craveable Carrots Choice of Milk Choice of Fruit	2/25/25 General TSO Rice / Roll Ham & Cheese Craveable Broccoli Choice of Milk Choice of Fruit 3/4/25 Chicken Nuggets with Buttered Noodles Yogurt Craveable Ranch Cauliflower Bites Choice of Milk Choice of Fruit	Pancake & Sausage Hash Brown Patty Ham & Cheese Craveable Mix Fruit Choice of Milk Choice of Fruit 3/5/25 Pasta With Meat Sauce Garlic Bread Stick Yogurt Craveable Seasoned Green Beans Choice of Milk Choice of Fruit	2/27/25 Corndogs Potato Wedges Ham & Cheese Craveable Green Peas/ Garbanzo Beans Choice Of Milk Choice of Fruit 3/6/25 Soft Beef Taco Lettuce & Tomatoes Yogurt Craveable Buttered Corn Choice of Milk Choice of Fruit	Personal Cheese Pizza Ham & Cheese Craveable Buttered Corn Choice of Milk Choice of Fruit 3/7/25 Personal Pizza Yogurt Craveable Green Peas Choice of Milk Choice of Fruit
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What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas Starchy - white potatoes, com,

and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, and mandarin oranges



LEAVE YOUR LUNCHBOX AT HOME! DAILY ALTERNATES.

Craveable of the Week, which could include: Nacho with Chips and Salsa, Make your

Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more..

> Lunch Prices: Students Free Adults \$ 4.75

General Manager Brenda DeSantis metzfoods@cppanthers.org 724.253.3255 ext 1228

USDA is an Equal Opportunity Provider and Employer





Commodore Perry High School Lunch Menu- Feb.- March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
2/3/25	2/4/25	2/5/25	2/6/25	2/7/25
Chicken Alfredo	Corn Dogs	Grilled Cheese	Nacho's	Personal Pan Pizza
Bread Stick	Seasoned Potato Wedges	Tomato Soup	Pretzel Stick	
or Tried and True	or Tried and True			
		or Tried and True	or Tried and True	or Tried and True
Green Beans	Rancho Carrots	Chick Pea Salad		
Choice of Milk	Choice of Milk	Ranch Cauliflower Bites	Green Peas	Corn
Choice of Fruit	Choice of Fruit	Choice of Milk	Choice of Milk	Choice of Milk
		Choice of Fruit	Choice of Fruit	Choice of Fruit
2/10/25	2/11/25	2/12/25	2/13/25	2/14/25
French Toast Sticks	Chicken Sandwich	Meatball Subs	Nacho's	
Sausage	Baked Chips	Curly Fries	Pretzel Stick	\sim
Syrup	or Salad Bar	or Salad Bar	or Salad Bar	-00-
or Tried and True	or Tried and True	or Tried and True	or Tried and True	000
Mix Fruit	Baby Carrots	Seasoned Green Beans	Mixed Vegetable	75
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	
2/17/25	2/18/25	2/19/25	2/20/25	2/21/25
	Sub Sandwich	Popcorn Chicken Bowl	Soft Beff Taco	Personal Pizza
00	Baked Chips	Mashed Potatoes/ Roll	Lettuce & Tomatoes	
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0~0	or Tried and True	or Tried and True	or Tried and True	or Tried and True
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\cup	Green Peas	Buttered Corn	Steamed Carrots	Steamed Carrots
-	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
2/24/25	Choice of Fruit 2/25/25	Choice of Fruit	Choice of Fruit 2/27/25	Choice of Fruit 2/28/25
		2/26/25		
Pierogies Roll	General TSO	Pancakes & Sausage	Nacho's	Personal Pizza
ROII	Rice / Roll	Hash Browns, Syrup	Pretzel Sticks	
or Tried and True	or Tried and True	or Tried and True	or Tried and True	or Tried and True
Green Beans	Broccoli	Mix Fruit	Corn	Buttered Corn
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
3/3/25	3/4/25	3/5/25	3/6/25	3/7/25
Chili Cheese Dogs	Chicken Nuggets with	Pasta with Meat Sauce	Soft Beef Taco	Pizza
Baked Beans	Buttered Noodles	Bread Stick	Lettuce & Tomatoes	
or Tried and True	or Tried and True	or Tried and True	or Tried and True	or Tried and True
Carrots	Ranch Cauliflower Bites	Seasoned Green Beans	Buttered Corn	Green Peas
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
3/10/25	3/11/25	3/12/25	3/13/25	3/14/25
Chicken and Gravy on a Biscuit	B'BQ Sandwich	Ham and Cheese	Nacho's	0/14/25
Mashed Potatoes and Gravy	Baked Chips	on a Pretzel Bun	Pretzel Stcks	
Madrida i dialoco ana diavy	Banca Ompo	On a ricizor ban	1 10/201 010/10	\cap
Tried and True	or Tried and True	or Tried and True	or Tried and True	
	5. 11.00 dila 1100	or rive dila rive	5, 1,155 3,16 1160	U/ \U
Mixed Vegetables	Green Peas	Broccoli	Corn	()
Choice of Milk & Fruit	Choice of Milk & fruit	Choice of Milk & Fruit	Choice of Milk & Fruit	
				1

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

> Meat or Meat Alternate Choice of Vegetable Choice of Fruit Grain/Bread Choice of Milk

Daily Vegetable Choices May Include:

Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, and Mandarin Oranges

Tried and True Line:Daily entrée options may

include:
Cheeseburger on a Bun
Hamburger on a Bun
Chicken Patty on a Bun

Spicy Chicken Patty on a Bun Cheese or Pepperoni Pizza

Lunch Prices: Student Free

Adult\$ 4.75

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