



Commodore Perry Breakfast Menu Aug., Sept. 2025

| Commodore Perry Breakiasi Menu Aug., 3epi. 2025 | | | | | | |
|---|---------------------------|--------------------------------|--------------------------------|--------------------------------|--|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | | |
| 8/18/25 | 8/19/25 | 8/20/25 | 8/21/25 | 8/22/25 | | |
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| 8/25/25 | 8/26/25 | 8/27/25 | 8/28/25 | 8/29/25 | | |
| Cinnamon Rolls | Strawberry Strudels | Sausage, Egg, Cheese Biscuit | French Toast and Syrup | Glazed Donut | | |
| or | or | or | or | or | | |
| Assorted Cereals | Assorted Cereals | Assorted Cereals | Assorted Cereals | Assorted Cereals | | |
| | | <u> </u> | | | | |
| Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | | |
| & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | | |
| or Canned Fruit | or Canned Fruit | or Canned Fruit Choice of Milk | or Canned Fruit Choice of Milk | or Canned Fruit Choice of Milk | | |
| Choice of Milk | Choice of Milk | 9/3/25 | 9/4/25 | 9/5/25 | | |
| | Breakfast Pizza | Sausage Biscuits | Assorted Muffins | Glazed Donut | | |
| | or | or | or | or | | |
| | Assorted Cereals | Assorted Cereals | Assorted Cereals | Assorted Cereals | | |
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| 7 9 | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | | |
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| - | or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | | |
| 0.0000 | Choice of Milk | Choice of Milk 9/10/25 | Choice of Milk | Choice of Milk | | |
| 9/8/25 Pancake on Stick | 9/9/25 Breakfast Pizza | Sausage,Egg,Cheese Biscuit | 9/11/25 Dutch Waffles | 9/12/25 Glazed Donut | | |
| 7 andare on Stick | OF DIEGRIAST FIZZA | or | Or Or | or | | |
| Assorted Cereals | Assorted Cereals | Assorted Cereals | Assorted Cereals | Assorted Cereals | | |
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| Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | | |
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| or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | | |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | | |
| 9/15/25 | 9/16/25 | 9/17/25 | 9/18/25 | 9/19/25 | | |
| Strawberry Panckes | Breakfast Pizza | Sausage,Egg,Cheese Biscuit | French Toast and Syrup | Glazed Donuts | | |
| Or Assorted Cereals | or Assorted Cereals | or Assorted Cereals | or Assorted Cereals | or Assorted Cereals | | |
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| Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | | |
| & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | | |
| or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | | |
| | | | | | | |
| 9/22/25 | 9/23/25 | 9/24/25 | 9/25/25 | 9/26/25 | | |
| Cinnamon Rolls | Breakfast Pizza | Sausage, Egg,Cheese Biscuit | Pancake on Stick | Glazed Donut | | |
| or Assorted Cereals | OF Accorded Coronals | or Assorted Cereals | or Assorted Cereals | or Assorted Cereals | | |
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| Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | | |
| & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | | |
| or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | | |
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What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable
(must take at least a 1/2 cup)
and
Choice of Milk
Choice of Milk - 1% white, fat-free
white, chocolate, vanilia and

You must take at least 1/2 cup of fruit or vegetable

strawberry

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
Trix
Cocoa Puffs
Fruity Cheerios
Rice Crunch
Lucky Charms
Cheerios
Fruit Loops
Frosted Flakes
* Includes Belly Bears

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple), fresh fruit selection including apples, bananas and oranges

Menu Subject to Change due to Availability

Food Service Director Brenda DeSantis metzfoods@cppanthers.org 724.253.3255 ext 1228

USDA is an Equal Opportunity Provider and

Employer

Student Paid Breakfast \$0,00

Student Reduced Breakfast \$0.00

Adult Breakfast \$3.00





Commodore Perry Elementary Lunch Menu August, Sept, 2025

| 8/18/25 8/12/2 | Man | T | T | 7 | 1-, |
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| 8/25/25 Metable Subs Baron Cheddar Perropis French Fry Wedges Or Ham & Cheese Craveable Or Yogurt & Cheese Craveable Or Yogurt & Cheese Craveable O | Monday | Tuesday | Wednesday | Thursday | |
| Meathall Subs Bacon Cheddar Pierogies French Fry Wedges French Fry Wedges Grill | 0/18/25 | 8/19/25 | 8/20/25 | 8/21/25 | 8/22/25 |
| Meatball Subs Bacon Cheddar Pierogies Froth Fry Wedges Foll Side Salads Si | 200 | | | | |
| Meatball Subs Bacon Cheddar Pierogies Froth Fry Wedges Foll Side Salads Si | 8/25/25 | 8/24/25 | 8/27/25 | 9/26/05 | 2 (02 (07 |
| French Fry Wedges or Ham & Cheese Craveable Cheese Craveable Cheese Craveable Or Ham & Cheese Craveable Cheese Craveable Cheese Craveable Cheese Craveable Cheese Craveable Cheese Craveable Or Ham & Cheese Craveable Or Or Ham & Cheese Craveable Or Or Organt & Cheese Craveable Or O | | | | | |
| or Ham & Cheese Craveable Choice of Milk Choice of Fruit Choice of Milk Choice of | | | | | |
| Green Beans Mixed Vegetables Seasoned Green Beans Refried Beans/Carrots Corn/Chic Pea Said Choice of Milk Choice of Milk Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk Choice of Milk Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk Ch | | | | | |
| Choice of Milk Choice of Milk Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Fruit Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk Choice of Mi | | or Ham & Oricese Orayeable | or Ham & Officese Graveable | or nam & Cheese Craveable | or Ham & Cheese Craveable |
| Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit | Green Beans | Mixed Vegetables | Seasoned Green Beans | Refried Reans/ Carrots | Corn/ Chin Boo Salad |
| Choice of Fruit Choice of Milk Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk Choice of Milk Choice of Fruit Choice of Fruit Choice of Fruit Choice of Fruit Choice of Milk | Choice of Milk | | | | |
| 9/1/25 9/2/25 9/3/25 Com Dogs Pasha & Meat Sauce Curly Fries Garic Bread Stick Side Salads Side Salads Side Salads Side Salads Yogurt & Cheese Craveable Yogurt & Cheese Craveable Yogurt & Cheese Craveable Side Salads/Green Beans Choice of Milk Choice of Fruit Choice of Fruit Choice of Fruit Choice of Fruit PB&J Craveable PB&J Craveable PB&J Craveable PB&J Craveable PB&J Craveable PB&J Craveable Choice of Milk Choice of Fruit PB&J Craveable PBAJ Craveable PB&J Craveable PB&J Craveable PBBJ Craveab | | T | | | |
| Com Dogs Curly Fries Curly Fries Carlic Bread Slick Side Salads Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Fruit Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk | | | | Should of Fruit | Onoice of Fluit |
| Corn Dogs Pasta & Meat Sauce Curly Fries Garlic Bread Strick Side Salads Side Salads Side Salads Side Salads Yogurt & Cheese Craveable Craveable Pasta Craveable Pas | 9/1/25 | 9/2/25 | 9/3/25 | 9/4/25 | 9/5/25 |
| Curly Fries Garlic Bread Stlok Yogurt & Cheese Craveable Stide Salads Green Beans Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice | | Corn Dogs | Pasta & Meat Sauce | Nacho Grande | |
| Yogurt & Cheese Craveable Side Salads/ Green Beans Choice of Milk Choice of Milk Choice of Fruit Side Salads PB&J Craveable PBBAJ Craveable | \sim | Curly Fries | Garlic Bread Stick | | |
| Side Salads/ Green Beans Choice of Milk Choice of Fruit Side Salads PB&J Craveable PBB,J Crav | ()() | Yogurt & Cheese Craveable | Yogurt & Cheese Craveable | | |
| Choice of Milk Choice of Fruit 9/8/25 Chicken Nuggets / Roll Side Salads Side Salads Side Salads Side Salads Side Salads Side Salads PB&J Craveable PBBAJ Craveab | 000 | | | | |
| Choice of Milk Choice of Fruit 9/8/25 Chicken Nuggets / Roll Side Salads Side Salads Side Salads Side Salads Side Salads Side Salads PB&J Craveable PBBAJ Craveab | 9 0 | Side Salads/ Green Beans | Mixed Vegetables | Baked Reans/ Carrots | Puttored Corn |
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| 9/8/25 Chicken Nuggets / Roll Side Salads Side Salads Side Salads PB&J Craveable PBJ Craveable PBBJ Craveable P | | Choice of Fruit | | | |
| Chicken Nuggets / Roll B/BQ Sandwich Chicken Cheddar Ranch Wrap Nacho Grande Personal Pan Pizza Side Salads PB&J Craveable PPSJ PJ/25 PJ/18/25 P | | | | Onoide di i fuit | Onoice of Ffull |
| Chicken Nuggets / Roll Side Salads Or Yogurt & Cheese Craveable Or Potato Hash Browns Or Yogurt & Cheese Craveable Or Yogurt & Cheese Craveable Or Yogurt & Cheese Craveable Side Salads Side Salads Or Yogurt & Cheese Craveable Side Salads Side Salads Or Yogurt & Cheese Craveable Choice of Milk Choice of Mi | 9/8/25 | 9/9/25 | 9/10/25 | 9/11/25 | 9/12/25 |
| Side Salads PB&J Craveable PChoice of Milk Choice of Fruit Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice o | Chicken Nuggets / Roll | B'BQ Sandwich | Chicken Cheddar Ranch Wrap | Nacho Grande | |
| PB&J Craveable Provided PC Choice of Fruit Pab Pizza PJ Pizza P | Side Salads | Side Salads | | | |
| Mixed Vegetables Baked Beans Broccoli / Chickpea Salad Refried Beans/ Carrots Buttered Corn Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk Ch | PB&J Craveable | PB&J Craveable | PB&J Craveable | · · · · · · · · · · · · · · · · · · · | |
| Choice of Milk Choice of Milk Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk Choice | | | | | |
| Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice of Fruit Choice of Milk | Mixed Vegetables | Baked Beans | Broccoli / Chickpea Salad | Refried Beans/ Carrots | Buttered Corn |
| Choice of Fruit Choice of Milk Choice of Milk Choice of Milk Choice of Fruit Choice of Milk | Choice of Milk | Choice of Milk | | | |
| 9/15/25 Chicken Alfredo/ Penne Pasta Grilled Cheese Sandwich Chicken Sandwich Nacho Grande Personal Pan Pizza Garlic Bread Stick Tomato Soup Side Salads Side Salads Side Salads Ham & Cheese Craveable Ham & Cheese Craveable Ham & Cheese Craveable Steamed Broccoli Side Salads / Green Beans Green Peas/ Chickpeas Refried Beans/ Carrots Buttered Corn Choice of Milk Choice of Milk Choice of Milk Choice of Fruit Choice Of Milk Choice | Choice of Fruit | Choice of Fruit | | | |
| Chicken Alfredo/ Penne Pasta Garlic Bread Stick Tomato Soup Side Salads Or Yogurt & Cheese Craveable Side Salads Or Yogurt & Cheese Craveable | | | Silving of France | Choice of Trule | Choice of Ffuit |
| Chicken Alfredo/ Penne Pasta Garlic Bread Stick Tomato Soup Side Salads Or Yogurt & Cheese Craveable Or Yogurt & Cheese Craveable Side Salads Or Yogurt & Cheese Craveable Choice of Milk | 9/15/25 | 9/16/25 | 9/17/25 | 9/18/25 | 9/19/25 |
| Garlic Bread Stick Ham & Cheese Craveable Refried Beans/ Carrots Buttered Corn Choice of Milk Choice of Fruit Choice of Fruit Choice of Fruit Choice of Fruit Presonal Pan Pizza Or Potato Hash Browns Or Yogurt & Cheese Craveable Choice of Milk | Chicken Alfredo/ Penne Pasta | Grilled Cheese Sandwich | Chicken Sandwich | | |
| Ham & Cheese Craveable Refried Beans/ Carrots Buttered Corn Choice of Milk Choice of Fruit Choice of Fruit Choice of Fruit Choice of Fruit Police of Fruit Potato Hash Browns or Yogurt & Cheese Craveable Mashed Potatoes Side Salads Green Peas Refried Beans/ Carrots Side Salads or Yogurt & Cheese Craveable or Yogurt & Cheese Craveable Or Yogurt & Cheese Craveable Choice of Milk | Garlic Bread Stick | Tomato Soup | Side Salads | | |
| Steamed Broccoli Side Salads / Green Beans Green Peas/ Chickpeas Refried Beans/ Carrots Buttered Corn Choice of Milk Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice M | Ham & Cheese Craveable | Ham & Cheese Craveable | | | |
| Choice of Milk Choice of Milk Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice Milk | | | | | |
| Choice of Milk Choice of Milk Choice of Milk Choice of Milk Choice of Fruit Choice of Milk Choice of M | Steamed Broccoli | Side Salads / Green Beans | Green Peas/ Chickpeas | Refried Beans/ Carrots | Buttered Corn |
| Choice of Fruit | Choice of Milk | Choice of Milk | Choice of Milk | | |
| 9/22/26 Chicken & Gravy on a Biscuit or Potato Hash Browns or Yogurt & Cheese Craveable Mashed Potatoes Side Salads Green Peas Mixed Vegetable Choice of Milk | Choice of Fruit | Choice of Fruit | Choice of Fruit | | |
| Chicken & Gravy on a Biscuit French Toast w/ Sausage Philly Cheese Steak Sandwich Nacho Grande Personal Pan Pizza or Potato Hash Browns Curly Fries Side Salads Side Salads or Yogurt & Cheese Craveable Mashed Potatoes Side Salads Green Peas Refried Beans/ Carrots Buttered Corn Mixed Vegetable Choice of Milk Choice of Milk Choice of Milk Choice Milk | | | | | |
| or Potato Hash Browns Curly Fries Side Salads Side Salads or Yogurt & Cheese Craveable or Yogurt & Chee | | | 9/24/25 | 9/25/25 | 9/26/25 |
| or Yogurt & Cheese Craveable or Yogurt & Chee | Chicken & Gravy on a Biscuit | French Toast w/ Sausage | Philly Cheese Steak Sandwich | Nacho Grande | Personal Pan Pizza |
| or Yogurt & Cheese Craveable or Yogurt & Chee | | | | Side Salads | Side Salads |
| Mixed Vegetable Choice of Milk Choice of Milk Choice of Milk Choice Milk | or Yogurt & Cheese Craveable | or Yogurt & Cheese Craveable | or Yogurt & Cheese Craveable | or Yogurt & CheeseCraveable | or Yogurt & Cheese Craveable |
| Mixed Vegetable Choice of Milk Choice of Milk Choice of Milk Choice Milk Choic | | | | | |
| Mixed Vegetable Choice of Milk Choice of Milk Choice of Milk Choice of Milk Choice Milk | Mashed Potatoes | Side Salads | Green Peas | Refried Beans/ Carrots | Buttered Corn |
| Choice of Milk & Eruit | Mixed Vegetable | Choice of Milk | Choice of Milk | Choice of Milk | |
| | Choice of Milk & Fruit | Choice of Fruit | Choice of Fruit | | |
| | | | | | |

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or Meat alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans , Peas

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, and mandarin oranges

Menu Subject to change.



LEAVE YOUR LUNCHBOX AT HOME!
DAILY ALTERNATES.

Craveable of the Week, which could include:

Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more..

Lunch Prices: Students Free Adults \$ 4.75

General Manager Brenda DeSantis metzfoods@cppanthers.org 724.253.3255 ext 1228

USDA is an Equal Opportunity Provider and Employer





Commodore Perry High School Lunch Menu- Aug., Sept. 2025

| Monday | Tuesday | Wednesday | Thursday | Eriolonz |
|----------------------------------|----------------------------------|----------------------------------|------------------------|--------------------------------|
| 8/18/25 | 8/19/25 | 8/20/25 | | Friday |
| 0/10/23 | 0/17/25 | 6/20/25 | 8/21/25 | 8/22/25 |
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| 8/25/25 | 8/26/25 | 8/27/25 | 8/28/25 | 8/29/25 |
| Meatball Subs | Bacon Cheddar Pierogies | Hot Ham & Cheese Pretzel Roll | Nacho Grande | Personal Pan Pizza |
| French Fried Wedges | Roll | Side Salad | Side Salad | Side Salads |
| or Tried and True | or Tried and True | or Tried and True | or Tried and True | or Tried and True |
| | | | or mod and muc | or med and mue |
| Breen Beans | Mixed Vegetables | Seasoned Green Beans | Refried Beans/ Carrots | Buttered Corn |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Choice of Fruit | Choice of Fruit | Choice of Fruit | Choice of Fruit | Choice of Fruit |
| | | | | |
| 9/1/25 | 9/2/25 | 9/3/25 | 9/4/25 | 9/5/25 |
| _ | Corn Dogs | Pasta & Meat Sauce | Nacho Grande | Personal Pan Pizza |
| | Curly Fries | Garlic Bread Sticks | Side Salad | Side Salads |
| | or Tried and True | or Tried and True | or Tried and True | or Tried and True |
| -000 | | | | |
| - 9 6 | Side Salads/ Green Peas | Mixed Vegetables | Baked Beans/ Carrots | Buttered Corn |
| | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| _ | Choice of Fruit | Choice of Fruit | Choice of Fruit | Choice of Fruit |
| 0/0/05 | | | | |
| 9/8/25 | 9/9/25 | 9/10/25 | 9/11/25 | 9/12/25 |
| Chicken Nuggets /Roll | BB'Q Sandwich | Chicken Cheddar Ranch Wrap | Nacho Grande | Personal Pan Pizza |
| Side Salads or Tried and True | Side Salad | Side Salads | Side Salad | Side Salads |
| or med and mue | or Tried and True | or Tried and True | or Tried and True | or Tried and True |
| Mixed Vegetables | Delegal Deserve | 0 5 /000 | | |
| Choice of Milk | Baked Beans | Green Peas/ Chickpeas | Refried Beans/ Carrots | Buttered Corn |
| Choice of Fruit | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Choice of Ffull | Choice of Fruit | Choice of Fruit | Choice of Fruit | Choice of Fruit |
| 9/15/25 | 9/16/25 | 0/17/05 | 2/22/25 | |
| Chicken Alfredo/ Penne Pasta | Grilled Cheese Sandwich | 9/17/25 | 9/18/25 | 9/19/25 |
| Garlic Bread Stick | | Chicken Sandwich | Nacho Grande | Personal Pan Pizza |
| or Tried and True | Tomato Soup or Tried and True | Side Salads or Tried and True | Side Salads | Side Salads |
| | or mod and made | or med and mue | or Tried and True | or Tried and True |
| Steamed Broccoil | Side Salads/ Green Beans | Breen Peas/ Chickpeas | Refried Beans/ Carrots | Puttored Com |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Buttered Corn Choice of Milk |
| Choice of Fruit | Choice of Fruit | Choice of Fruit | Choice of Fruit | Choice of Milk Choice of Fruit |
| | | encide of Francisco | Onoide of Trust | Choice of Ffuit |
| 9/22/25 | 9/23/25 | 9/24/25 | 9/25/25 | 9/26/25 |
| Chicken& Gravy on a Biscuit | French Toast w/ Sausage | Philly Cheese Steak Sandwich | Nacho Grande | Personal Pan Pizza |
| Mashed Potatoes | Potato Hash Browns | Curly Fries | Side Salads | Side Salads |
| or Tried and True | or Tried and True | or Tried and True | or Tried and True | or Tried and True |
| | | | | |
| Mixed Vegetables | Side Salads | Green Peas | Refried Beans/ Carrots | Butterd Corn |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| Choice of Fruit | Choice of Fruit | Choice of Fruit | Choice of Fruit | Choice of Fruit |
| | | | | |
| Student Paid | ll wash do oo | Student Deduced Live- | L 60 00 A 1 1/1 | |

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate Choice of Vegetable Choice of Fruit Grain/Bread Choice of Milk

Vegetable Choices May Include:

Broccoli, Romaine Salad, Spring Salad, Carrots, Tomatoes, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, and Mandarin Oranges

Tried and True Line:

Daily entrée options may include:

Cheeseburger on a Bun Hamburger on a Bun Chicken Patty on a Bun Spicy Chicken Patty on a Bun Cheese or Pepperoni Pizza

Lunch Prices:

Student Free Adult\$ 4.75

Menu Subject to Change

General Manager Brenda DeSantis metzfoods@cppanthers.org 724.253.3255 ext 1228

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