



# Commodore Perry Breakfast Menu Nov.- Dec. 2025

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Military Maria   |
|--|--|---|--|--|--|
| 11/10/25   | 11/11/25   | 11/12/25  | 11/13/25   | 11/14/25   |  |
| Pancake on Stick   | Breakfast Pizza  | Sausage, Egg, Cheese Biscuit  | Assorted Muffins   | Glazed Donut   |  |
| or   | or   | or  | or   | or   |  |
| Assorted Cereals   | Assorted Cereals   | Assorted Cereals  | Assorted Cereals   | Assorted Cereals   | Carried and  |
|  |  |   |  |  | Statement  |
| Assorted 100% Fruit Juice  | Assorted 100% Fruit Juice  | Assorted 100% Fruit Juice   | Assorted 100% Fruit Juice  | Assorted 100% Fruit Juice  | - CANADA   |
| & Assorted Fresh   | & Assorted Fresh   | & Assorted Fresh  | & Assorted Fresh   | & Assorted Fresh   | - Name   |
| or Canned Fruit Choice of Milk   | or Canned Fruit  | or Canned Fruit   | or Canned Fruit  | or Canned Fruit  | 4  |
| 11/17/25   | Choice of Milk 11/18/25  | Choice of Milk<br>11/19/25  | Choice of Milk   | Choice of Milk   |  |
| Cinnamon Rolls   | Strawberry Strudels  | Sausage,Egg,Cheese Biscuit  | 11/20/25<br>French Toast and Syrup   | 11/21/25   | 8  |
| or   | or or  | or  | or   | Glazed Donut<br>0r   | 7  |
| Assorted Cereals   | Assorted Cereals   | Assorted Cereals  | Assorted Cereals   | Assorted Cereals   | - September 1  |
|  | 7.000.100 00.0010  | 7 addition coronin  | Assorted Octobis   | Assorted Ceredis   | _  |
| Assorted 100% Fruit Juice  | Assorted 100% Fruit Juice  | Assorted 100% Fruit Juice   | Assorted 100% Fruit Juice  | Assorted 100% Fruit Juice  | - item   |
| & Assorted Fresh   | & Assorted Fresh   | & Assorted Fresh  | & Assorted Fresh   | & Assorted Fresh   | No.  |
| or Canned Fruit  | or Canned Fruit  | or Canned Fruit   | or Canned Fruit  | or Canned Fruit  | 1  |
| Choice of Milk   | Choice of Milk   | Choice of Milk  | Choice of Milk   | Choice of Milk   | opening.   |
| 11/24/25   | 11/25/25   | 11/26/25  | 11/27/25   | 11/28/25   | THE REAL PROPERTY.   |
| Blueberry Pancakes   | Breakfast Pizza  |   |  |  | Strange Co.  |
| or   | or   |   | ~ ~  |  |  |
| Assorted Cereals   | Assorted Cereals   | ] ()() .  | ()()   | 1 ()()   |  |
|  |  | 000   |  |  | 041000   |
| Assorted 100% Fruit Juice  | Assorted 100% Fruit Juice  |   | 9 6  |  | SEA STATE OF THE PERSON NAMED IN   |
| & Assorted Fresh   | & Assorted Fresh   |   |  |  | POSSESSE   |
| or Canned Fruit  | or Canned Fruit  |   |  |  | of the same of the |
| Choice of Milk   | Choice of Milk   |   |  |  |  |
| 12/1/25  | 12/2/25  | 12/3/25   | 12/4/25  | 12/5/25  |  |
|  | Breakfast Pizza  | Sausage, Egg, Cheese Biscuit  | Dutch Waffles  | Glazed Donut   |  |
|  |  |   |  |  |  |
| $\cap$   | or   | or  | or   | or   |  |
| 00   |  |   |  |  | Saudons broggown   |
| 00   | or<br>Assorted Cereals   | or<br>Assorted Cereals  | or<br>Assorted Cereals   | or<br>Assorted Cereals   | Substanting benderation and the second   |
|  | or Assorted Cereals Assorted 100% Fruit Juice  | or Assorted Cereals Assorted 100% Fruit Juice   | or Assorted Cereals Assorted 100% Fruit Juice  | or Assorted Cereals Assorted 100% Fruit Juice  |  |
|  | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh  | or Assorted Cereals Assorted 100% Fruit Juice & Assorted Fresh  | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh  | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh  |  |
|  | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit  | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit   | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit  | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit  | Me   |
| 12/8/25  | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk   | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk  | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk   | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk   | Me   |
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|  | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk 12/9/25   | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk 12/16/25   | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk 12/11/25 French Toast and Syrup or  | or Assorted Cereals  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk 12/12/2\$ Glazed Donuts or  | Me   |
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#### What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein Choice of fruit or vegetable (must take at least a 1/2 cup) and

Choice of Milk Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

# Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
Trix
Cocoa Puffs
Apple Cinnamon Cheerios
Lucky Charms
Cinnamon Toast Crunch

\* Includes Belly Bears

### Fruit May Include:

Canned peaches, applesauce, pears, , fruit cocktail, oranges, 100% juice (apple), fresh fruit selection including apples, bananas and oranges

Menu Subject to Change due to Availability

Food Service Director Brenda DeSantis

metzfoods@cppanthers.org 724.253.3255 ext 1228

USDA is an Equal Opportunity Provider and Employer

Student Paid Breakfast \$0.00

Student Reduced Breakfast \$0.00

Adult Breakfast \$3.00





## Commodore Perry Elementary Lunch Menu Nov.- Dec. 2025

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday   |
|---|--|---|---|--|
| 11/10/25  | 11/11/25   | 11/12/25  | 11/13/25  | 11/14/25   |
| General TSO   | Grilled Cheese Sandwich  | Chicken Sandwich  | Turkey & Dressing   | Personal Pan Pizza   |
| Rice/ Roll  | Tomato Soup  | Seasoned Potato Wedges  | Mashed Potatoes / Gravy   | Side Salads  |
| or PB&J Craveable   | or PB&J Craveable  | or PB&J Craveable   | Green Beans/ Roll   | Green Beans/ Roll  |
|   |  |   | Apple Dump Cake   | Croon Board Ton  |
| Broccoli/ Side Salads   | Carrots / Side Salads  | Glazed Carrots / Chickpeas  | or PB&J Craveable   | Buttered Corn  |
| Choice of Milk  | Choice of Milk   | Choice of Milk  | Choice Of Milk  | Choice of Milk   |
| Choice of Fruit   | Choice of Fruit  | Choice of Fruit   | Choice of Fruit   | Choice of Fruit  |
|   |  | Ondido O/ Flaix   | Sholoc of Franc   | Choice of Fruit  |
| 11/17/25  | 11/18/25   | 11/19/25  | 11/20/25  | 11/21/25   |
| Meatball Subs   | Corn Dogs  | Hot Ham & Cheese Pretzel Roll   | Nacho Grande  | Personal Pan Pizza   |
| French Fry Wedges   | Seasoned Potato Wedges   | Side Salads   | Side Salad  | Side Salads  |
| or Ham & Cheese Craveable   | or Ham & Cheese Craveable  | or Ham & Cheese Craveable   | or Ham & Cheese Craveable   | or Ham & Cheese Craveable  |
| C D   |  |   |   |  |
| Green Beans   | Mixed Vegetables   | Seasoned Green Beans  | Refried Beans/ Carrots  | Corn/ Chic Pea Salad   |
| Choice of Milk  | Choice of Milk   | Choice of Milk  | Choice of Milk  | Choice of Milk   |
| Choice of Fruit   | Choice of Fruit  | Choice of Fruit   | Choice of Fruit   | Choice of Fruit  |
| 11/24/25  | 11/25/25   | 11/26/25  | 11 (07/0)   | 12 (08)  |
| Popcorn Chicken Bowl  |  | 11720/20  | 11/27/25  | 11/28/25   |
| Mashed Potatoes/ Roll   | Sack Lunches   |   |   |  |
| Yogurt & Cheese Craveable   | Ham & Cheese Sandwich Baked Chips, Apples Slices   |   |   | - ^^   |
| Toguit & Olicese Graveable  | <u> </u>   | .00.  |   | . ()()   |
|   | Rice Krispies Treat  |   |   |  |
|   |  |   | 0/ 10   |  |
| Buttered Corn   |  |   |   | . 9  |
| Choice Of Mik   | Choice of Milk   |   |   | 75   |
|   | Choice of Milk Choice of Fruit   |   |   |  |
| Choice Of Mik<br>Choice of Fruit  | Choice of Fruit  | 19/2/95   | 10/4/08   | 12/6/06  |
| Choice Of Mik   | Choice of Fruit  | 12/3/25<br>Chicken Cheddar Panch Wron   | 12/4/25<br>Walking Topo   | 12/5/25  |
| Choice Of Mik<br>Choice of Fruit  | Choice of Fruit  12/2/25 B'BQ Sandwich   | Chicken Cheddar Ranch Wrap  | Walking Taco  | Pizza  |
| Choice Of Mik<br>Choice of Fruit  | Choice of Fruit  12/2/25  B'BQ Sandwich Side Salads  | Chicken Cheddar Ranch Wrap<br>Side Salads   | Walking Taco<br>Side Salads   | Pizza<br>Side Salads   |
| Choice Of Mik<br>Choice of Fruit  | Choice of Fruit  12/2/25 B'BQ Sandwich   | Chicken Cheddar Ranch Wrap  | Walking Taco  | Pizza  |
| Choice Of Mik<br>Choice of Fruit  | Choice of Fruit  12/2/25  B'BQ Sandwich  Side Salads  PB&J Craveable   | Chicken Cheddar Ranch Wrap<br>Side Salads<br>PB&J Craveable   | Walking Taco<br>Side Salads<br>PB&J Craveable   | Pizza<br>Side Salads<br>PB&J Craveable   |
| Choice Of Mik<br>Choice of Fruit  | Choice of Fruit  12/2/25  B'BQ Sandwich  Side Salads  PB&J Craveable  Baked Beans  | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad  | Walking Taco Side Salads PB&J Craveable Refried Beans/ Carrots  | Pizza Side Salads PB&J Craveable Buttered Corn   |
| Choice Of Mik<br>Choice of Fruit  | Choice of Fruit  12/2/25  B'BQ Sandwich  Side Salads  PB&J Craveable  Baked Beans  Choice of Milk  | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk   | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk  | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk   |
| Choice Of Mik<br>Choice of Fruit  | Choice of Fruit  12/2/25  B'BQ Sandwich  Side Salads  PB&J Craveable  Baked Beans  | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad  | Walking Taco Side Salads PB&J Craveable Refried Beans/ Carrots  | Pizza Side Salads PB&J Craveable Buttered Corn   |
| Choice Of Mik<br>Choice of Fruit  | Choice of Fruit  12/2/25  B'BQ Sandwich  Side Salads  PB&J Craveable  Baked Beans  Choice of Milk  Choice of Fruit   | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit   | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit   |
| Choice Of Mik Choice of Fruit   | Choice of Fruit  12/2/25  B'BQ Sandwich  Side Salads  PB&J Craveable  Baked Beans  Choice of Milk  | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit   | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit   |
| Choice Of Mik Choice of Fruit  12/1/25  12/8/25 Chicken Alfredo/ Penne Pasta  | Choice of Fruit  12/2/25  B'BQ Sandwich  Side Satads  PB&J Craveable  Baked Beans  Choice of Milk  Choice of Fruit  12/9/25  Grilled Cheese Sandwich   | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich  | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande   | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza  |
| Choice Of Mik Choice of Fruit  12/1/25  | Choice of Fruit  12/2/25  B'BQ Sandwich  Side Salads  PB&J Craveable  Baked Beans  Choice of Milk  Choice of Fruit   | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit   | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit   |
| Choice Of Mik Choice of Fruit  12/1/25  12/8/25  Chicken Alfredo/ Penne Pasta Garlic Bread Stick  | Choice of Fruit  12/2/25  B'BQ Sandwich  Side Salads  PB&J Craveable  Baked Beans  Choice of Milk  Choice of Fruit  12/9/25  Grilled Cheese Sandwich  Tomato Soup  | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads  | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads   | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads  |
| Choice Of Mik Choice of Fruit  12/1/25  12/8/25  Chicken Alfredo/ Penne Pasta Garlic Bread Stick Ham & Cheese Craveable  Steamed Broccoli   | Choice of Fruit  12/2/25  B'BQ Sandwich  Side Salads  PB&J Craveable  Baked Beans  Choice of Milk  Choice of Fruit  12/9/25  Grilled Cheese Sandwich  Tomato Soup  | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads  | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads   | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads  |
| Choice Of Mik Choice of Fruit  12/1/25  12/1/25  12/8/25  Chicken Alfredo/ Penne Pasta Garlic Bread Stick Ham & Cheese Craveable  | Choice of Fruit  12/2/25  B'BQ Sandwich Side Salads PB&J Craveable  Baked Beans Choice of Milk Choice of Fruit  12/9/25  Grilled Cheese Sandwich Tomato Soup Ham & Cheese Craveable  | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads Ham & Cheese Craveable   | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads Ham & Cheese Craveable  | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads Ham & Cheese Craveable   |
| Choice Of Mik Choice of Fruit  12/1/25  12/8/25  Chicken Alfredo/ Penne Pasta Garlic Bread Stick Ham & Cheese Craveable  Steamed Broccoli   | Choice of Fruit  12/2/25  B'BQ Sandwich Side Salads PB&J Craveable  Baked Beans Choice of Milk Choice of Fruit  12/9/25  Grilled Cheese Sandwich Tomato Soup Ham & Cheese Craveable  Side Salads / Green Beans   | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads Ham & Cheese Craveable  Green Peas/ Chickpeas  | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads Ham & Cheese Craveable  Refried Beans/ Carrots  | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads Ham & Cheese Craveable  Buttered Corn  |
| Choice Of Mik Choice of Fruit  12/1/25  12/1/25  12/8/25  Chicken Alfredo/ Penne Pasta Garlic Bread Stick Ham & Cheese Craveable  Steamed Broccoli Choice of Milk Choice of Fruit   | Choice of Fruit  12/2/25  B'BQ Sandwich Side Salads PB&J Craveable  Baked Beans Choice of Milk Choice of Fruit  12/9/25  Grilled Cheese Sandwich Tomato Soup Ham & Cheese Craveable  Side Salads / Green Beans Choice of Milk Choice of Fruit  | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads Ham & Cheese Craveable  Green Peas/ Chickpeas Choice of Milk Choice of Fruit   | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads Ham & Cheese Craveable  Refried Beans/ Carrots Choice of Milk Choice of Fruit   | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads Ham & Cheese Craveable  Buttered Corn Choice of Milk Choice of Fruit   |
| Choice Of Mik Choice of Fruit  12/1/25  12/8/25  Chicken Alfredo/ Penne Pasta Garlic Bread Stick Ham & Cheese Craveable  Steamed Broccoli Choice of Milk Choice of Fruit  | Choice of Fruit  12/2/25  B'BQ Sandwich  Side Salads  PB&J Craveable  Baked Beans  Choice of Milk  Choice of Fruit  12/9/25  Grilled Cheese Sandwich  Tomato Soup  Ham & Cheese Craveable  Side Salads / Green Beans  Choice of Milk  Choice of Fruit  | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads Ham & Cheese Craveable  Green Peas/ Chickpeas Choice of Milk Choice of Fruit   | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads Ham & Cheese Craveable  Refried Beans/ Carrots Choice of Milk Choice of Fruit   | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads Ham & Cheese Craveable  Buttered Corn Choice of Milk Choice of Fruit   |
| Choice Of Mik Choice of Fruit  12/1/25  12/8/25  Chicken Alfredo/ Penne Pasta Garlic Bread Stick Ham & Cheese Craveable  Steamed Broccoli Choice of Milk Choice of Fruit  12/15/25  Chicken & Gravy on a Biscuit                                | Choice of Fruit  12/2/25  B'BQ Sandwich Side Salads PB&J Craveable  Baked Beans Choice of Milk Choice of Fruit  12/9/25  Grilled Cheese Sandwich Tomato Soup Ham & Cheese Craveable  Side Salads / Green Beans Choice of Milk Choice of Fruit  12/14/25  French Toast w/ Sausage   | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads Ham & Cheese Craveable  Green Peas/ Chickpeas Choice of Milk Choice of Fruit  12/17/25 Philly Cheese Steak Sandwich  | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads Ham & Cheese Craveable  Refried Beans/ Carrots Choice of Milk Choice of Fruit   | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads Ham & Cheese Craveable  Buttered Corn Choice of Milk Choice of Fruit   |
| Choice Of Mik Choice of Fruit  12/1/25  12/8/25  Chicken Alfredo/ Penne Pasta Garlic Bread Stick Ham & Cheese Craveable  Steamed Broccoli Choice of Milk Choice of Fruit  12/15/25  Chicken & Gravy on a Biscuit or                             | Choice of Fruit  12/2/25  B'BQ Sandwich Side Salads PB&J Craveable  Baked Beans Choice of Milk Choice of Fruit  12/9/25  Grilled Cheese Sandwich Tomato Soup Ham & Cheese Craveable  Side Salads / Green Beans Choice of Milk Choice of Fruit  12/16/25  French Toast w/ Sausage Potato Hash Browns                              | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads Ham & Cheese Craveable  Green Peas/ Chickpeas Choice of Milk Choice of Fruit  12/17/25 Philly Cheese Steak Sandwich Curly Fries                              | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads Ham & Cheese Craveable  Refried Beans/ Carrots Choice of Milk Choice of Fruit   | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads Ham & Cheese Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/19/25 Sack Lunches Ham & Cheese Sandwich                            |
| Choice Of Mik Choice of Fruit  12/1/25  12/8/25  Chicken Alfredo/ Penne Pasta Garlic Bread Stick Ham & Cheese Craveable  Steamed Broccoli Choice of Milk Choice of Fruit  12/15/25  Chicken & Gravy on a Biscuit                                | Choice of Fruit  12/2/25  B'BQ Sandwich Side Salads PB&J Craveable  Baked Beans Choice of Milk Choice of Fruit  12/9/25  Grilled Cheese Sandwich Tomato Soup Ham & Cheese Craveable  Side Salads / Green Beans Choice of Milk Choice of Fruit  12/14/25  French Toast w/ Sausage   | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads Ham & Cheese Craveable  Green Peas/ Chickpeas Choice of Milk Choice of Fruit  12/17/25 Philly Cheese Steak Sandwich  | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads Ham & Cheese Craveable  Refried Beans/ Carrots Choice of Milk Choice of Fruit   | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads Ham & Cheese Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/19/25 Sack Lunches Ham & Cheese Sandwich Baked Chips, Apples Slices |
| Choice Of Mik Choice of Fruit  12/1/25  12/8/25  Chicken Alfredo/ Penne Pasta Garlic Bread Stick Ham & Cheese Craveable  Steamed Broccoli Choice of Milk Choice of Fruit  12/15/25  Chicken & Gravy on a Biscuit or r Yogurt & Cheese Craveable | Choice of Fruit  12/2/25  B'BQ Sandwich Side Salads PB&J Craveable  Baked Beans Choice of Milk Choice of Fruit  12/9/25  Grilled Cheese Sandwich Tomato Soup Ham & Cheese Craveable  Side Salads / Green Beans Choice of Milk Choice of Fruit  12/16/25  French Toast w/ Sausage Potato Hash Browns or Yogurt & Cheese Craveable | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads Ham & Cheese Craveable  Green Peas/ Chickpeas Choice of Milk Choice of Fruit  12/17/25 Philly Cheese Steak Sandwich Curly Fries or Yogurt & Cheese Craveable | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads Ham & Cheese Craveable  Refried Beans/ Carrots Choice of Milk Choice of Fruit  12/18/25 Soft Taco Side Salads or Yogurt & CheeseCraveable | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads Ham & Cheese Craveable  Buttered Corn Choice of Milk Choice of Fruit   |
| Choice Of Mik Choice of Fruit  12/1/25  12/8/25  Chicken Alfredo/ Penne Pasta Garlic Bread Stick Ham & Cheese Craveable  Steamed Broccoli Choice of Milk Choice of Fruit  12/15/25  Chicken & Gravy on a Biscuit or r Yogurt & Cheese Craveable | Choice of Fruit  12/2/25  B'BQ Sandwich Side Salads PB&J Craveable  Baked Beans Choice of Milk Choice of Fruit  12/9/25  Grilled Cheese Sandwich Tomato Soup Ham & Cheese Craveable  Side Salads / Green Beans Choice of Milk Choice of Fruit  12/16/25  French Toast w/ Sausage Potato Hash Browns or Yogurt & Cheese Craveable | Chicken Cheddar Ranch Wrap Side Salads PB&J Craveable  Broccoli / Chickpea Salad Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads Ham & Cheese Craveable  Green Peas/ Chickpeas Choice of Milk Choice of Fruit  12/17/25 Philly Cheese Steak Sandwich Curly Fries                              | Walking Taco Side Salads PB&J Craveable  Refried Beans/ Carrots Choice Of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads Ham & Cheese Craveable  Refried Beans/ Carrots Choice of Milk Choice of Fruit   | Pizza Side Salads PB&J Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads Ham & Cheese Craveable  Buttered Corn Choice of Milk Choice of Fruit  12/19/25 Sack Lunches Ham & Cheese Sandwich Baked Chips, Apples Slices |
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What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of truit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or Meat alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoll, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans, Peas

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, meion, strawberries, applesauce, pineapple, and mandarin oranges

Menu Subject to change .



LEAVE YOUR LUNCHBOX AT HOME!
DAILY ALTERNATES.

Craveable of the Week, which could include:
Nacho with Chips and Salsa, Make your
Own Pizza, Yogurt Cheese stick and
Crackers, Breadstick Dipper, and more..

Lunch Prices: Students Free Adults \$ 4.75

General Manager Brenda DeSantis metzfoods@cppanthers.org 724.253.3255 ext 1228

USDA is an Equal Opportunity Provider and Employer





## Commodore Perry High School Lunch Menu- Nov.- Dec. 2025

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|---|---|--|---|---|
| 11/10/25  | 11/11/25  | 11/12/25   | 11/13/25  | 11/14/25  |
| General TSO   | Grilled Cheese Sandwich   | Chicken Sandwich   | Turkey & Dressing   | Personal Pan Pizza  |
| Rice/ Roll  | Tomato soup   | Seasoned Potato wedges   | Mashed Potatoes/ Gravy  | Side Salads   |
| or Tried and True   | or Tried and True   | or Tried and True  | Green Beans/ Roll   | or Tried and True   |
|   |   |  |   | 31 11100 0110 11100   |
| Broccolli/ Side Salads  | Carrots/ Side Salad   | Mixed Vegetables/ Side Salads  | Apple Dump Cake   | Corn  |
| Choice of Milk  | Choice of Milk  | Choice of Milk   | Choice of Milk  | Choice of Milk  |
| Choice of Fruit   | Choice of Fruit   | Choice of Fruit  | Choice of Fruit   | Choice of Fruit   |
|   |   |  |   |   |
| 11/17/25  | 11/18/25  | 11/19/25   | 11/20/25  | 11/21/25  |
| Meatball Subs   | Corn Dogs   | Hot Ham & Cheese Pretzel Roll  | Nacho's Grande  | Personal Pan Pizza  |
| French Fried Wddges   | Seasoned Potato Wedges  | Side Salads  | Side Salad  | Side Salads   |
| or Tried and True   | or Tried and True   | or Tried and True  | or Tried and True   | or Tried and True   |
| Green Beans   | Mixed Vegetables (Cids Oslad  | 0 10 0   |   |   |
| Choice of Milk  | Mixed Vegetables/ Side Salad  | Seasoned Green Beans   | Refried Beans   | Buttered Corn   |
|   | Choice of Milk  | Choice of Milk   | Choice of Milk  | Choice of Milk  |
| Choice of Fruit   | Choice of Fruit   | Choice of Fruit  | Choice of Fruit   | Choice of Fruit   |
| 11/24/25  | 11/25/25  | 11/26/25   | 11/27/25  | 11/28/25  |
| Popcorn Chicken Bowl  | Sack Lunches  | 11/20/25   | 11/2//23  | 11/28/25  |
| Mashed Potatoes/ Roll   | Ham & Cheese Sandwich   |  |   |   |
| or Tried and True   | Baked Chips, Apples Slices  |  | $\cap$  | $\wedge$  |
| or mod and mad  |   |  |   | -UU-  |
| Buttered Corn/ Side Salads  | Rice Krispies Treat   | 0  | $() \cap ()$  | 000   |
|   | Ob all CAPI   | 7 6  | 7   | 9 6   |
| Choice of Milk  | Choice of Milk  |  |   |   |
| Choice of Fruit   | Choice of Fruit   |  |   |   |
|   |   |  |   |   |
| 12/1/25   | 12/2/25   | 12/3/25  | 12/4/25   | 12/5/25   |
| 12/1/25   | 12/2/25<br>B'BQ Sandwich  | 12/3/25<br>Chicken Cheddar Ranch Wrap  | 12/4/25<br>Walking Taco   | 12/5/25<br>Personal Pan Pizza   |
| 12/1/25   | B'BQ Sandwich   | Chicken Cheddar Ranch Wrap   | Walking Taco  | Personal Pan Pizza  |
| 12/1/25   |   |  | Walking Taco<br>Side Salads   | Personal Pan Pizza<br>Side Salads   |
| 12/1/25   | B'BQ Sandwich<br>Side Salads  | Chicken Cheddar Ranch Wrap<br>Side Salads  | Walking Taco  | Personal Pan Pizza  |
| 12/1/25   | B'BQ Sandwich<br>Side Salads<br>or Tried and True   | Chicken Cheddar Ranch Wrap Side Salads or Tried and True   | Walking Taco<br>Side Salads<br>or Tried and True  | Personal Pan Pizza Side Salads or Tried and True  |
| 12/1/25   | B'BQ Sandwich Side Salads or Tried and True Baked Beans   | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas   | Walking Taco Side Salads or Tried and True  Refried Beans   | Personal Pan Pizza Side Salads or Tried and True Buttered Corn  |
| 12/1/25   | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk   | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk  | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk  | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk  |
| 12/1/25   | B'BQ Sandwich Side Salads or Tried and True Baked Beans   | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas   | Walking Taco Side Salads or Tried and True  Refried Beans   | Personal Pan Pizza Side Salads or Tried and True Buttered Corn  |
| 12/1/25   | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit   | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  |
|   | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit   | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  |
| 12/8/25   | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit   | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza   |
| 12/8/25<br>licken Alfredo/ Penne Pasta  | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich  | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich   | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads   |
| 12/8/25  nicken Alfredo/ Penne Pasta Garlic Bread Sticks  | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tomato Soup  | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads   | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza   |
| 12/8/25  nicken Alfredo/ Penne Pasta Garlic Bread Sticks  | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tomato Soup  | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads or Tried and True   | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads or Tried and True   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads or Tried and True   |
| 12/8/25 sicken Alfredo/ Penne Pasta Garlic Bread Sticks or Tried and True   | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tomato Soup or Tried and True  | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads   | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads or Tried and True  Refried Beans  | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads or Tried and True  Buttered Corn  |
| 12/8/25 sicken Alfredo/ Penne Pasta Garlic Bread Sticks or Tried and True  Stemed Broccoli  | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tomato Soup or Tried and True  Green Beans/ Side Salads  | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads or Tried and True  Green Peas / Chickpeas   | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads or Tried and True   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads or Tried and True   |
| 12/8/25 sicken Alfredo/ Penne Pasta Garlic Bread Sticks or Tried and True  Stemed Broccoli Choice of Milk Choice of Fruit   | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tomato Soup or Tried and True  Green Beans/ Side Salads Choice of Milk Choice of Fruit   | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads or Tried and True  Green Peas / Chickpeas Choice of Milk Choice of Fruit  | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads or Tried and True  Refried Beans Choice of Milk   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk   |
| 12/8/25  iicken Alfredo/ Penne Pasta Garlic Bread Sticks or Tried and True  Stemed Broccoli Choice of Milk Choice of Fruit  | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tomato Soup or Tried and True  Green Beans/ Side Salads Choice of Milk Choice of Fruit   | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads or Tried and True  Green Peas / Chickpeas Choice of Milk Choice of Fruit  | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads or Tried and True  Refried Beans Choice of Milk   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk   |
| 12/8/25  iicken Alfredo/ Penne Pasta Garlic Bread Sticks or Tried and True  Stemed Broccoli Choice of Milk Choice of Fruit  12/15/25 cken and Gravy on a Biscuit  | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tornato Soup or Tried and True  Green Beans/ Side Salads Choice of Milk Choice of Fruit  12/16/25 French Toastw/ Sausage                                     | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads or Tried and True  Green Peas / Chickpeas Choice of Milk Choice of Fruit  | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit   |
| 12/8/25 nicken Alfredo/ Penne Pasta Garlic Bread Sticks or Tried and True  Stemed Broccoli Choice of Milk Choice of Fruit  12/15/25 cken and Gravy on a Biscuit ashed Potatoes and Gravy                                      | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tomato Soup or Tried and True  Green Beans/ Side Salads Choice of Milk Choice of Fruit   | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads or Tried and True  Green Peas / Chickpeas Choice of Milk Choice of Fruit  | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit   |
| 12/8/25  iicken Alfredo/ Penne Pasta Garlic Bread Sticks or Tried and True  Stemed Broccoli Choice of Milk Choice of Fruit  12/15/25 cken and Gravy on a Biscuit  | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tornato Soup or Tried and True  Green Beans/ Side Salads Choice of Milk Choice of Fruit  12/16/25 French Toastw/ Sausage                                     | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads or Tried and True  Green Peas / Chickpeas Choice of Milk Choice of Fruit  | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/19/25 Sack Lunches Ham & Cheese Sandwich                            |
| 12/8/25  nicken Alfredo/ Penne Pasta Garlic Bread Sticks or Tried and True  Stemed Broccoli Choice of Milk Choice of Fruit  12/15/25 cken and Gravy on a Biscuit ashed Potatoes and Gravy or Tried and True                   | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tornato Soup or Tried and True  Green Beans/ Side Salads Choice of Milk Choice of Fruit  12/16/25 French Toastw/ Sausage Potato Hash Browns                  | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads or Tried and True  Green Peas / Chickpeas Choice of Milk Choice of Fruit  | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/18/25 Soft Taco Side Salads                   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/19/25 Sack Lunches  |
| 12/8/25  nicken Alfredo/ Penne Pasta Garlic Bread Sticks or Tried and True  Stemed Broccoli Choice of Milk Choice of Fruit  12/15/25 cken and Gravy on a Biscuit ashed Potatoes and Gravy or Tried and True  Mixed Vegetables | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tornato Soup or Tried and True  Green Beans/ Side Salads Choice of Milk Choice of Fruit  12/16/25 French Toastw/ Sausage Potato Hash Browns                  | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads or Tried and True  Green Peas / Chickpeas Choice of Milk Choice of Fruit  | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/18/25 Soft Taco Side Salads                   | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/19/25 Sack Lunches Ham & Cheese Sandwich Baked Chips, Sliced Apples |
| 12/8/25  nicken Alfredo/ Penne Pasta Garlic Bread Sticks or Tried and True  Stemed Broccoli Choice of Milk Choice of Fruit  12/15/25 cken and Gravy on a Biscuit ashed Potatoes and Gravy or Tried and True                   | B'BQ Sandwich Side Salads or Tried and True  Baked Beans Choice of Milk Choice of Fruit  12/9/25 Grilled Cheese Sandwich Tomato Soup or Tried and True  Green Beans/ Side Salads Choice of Milk Choice of Fruit  12/16/25 French Toastw/ Sausage Potato Hash Browns or Tried and True | Chicken Cheddar Ranch Wrap Side Salads or Tried and True  Green Peas/ Chick Peas Choice of Milk Choice of Fruit  12/10/25 Chicken Sandwich Side Salads or Tried and True  Green Peas / Chickpeas Choice of Milk Choice of Fruit  12/17/25 Philly Cheese Steak Sandwich Curly Fries or Tried and True | Walking Taco Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/11/25 Nacho Grande Side Salads or Tried and True  Refried Beans Choice of Milk Choice of Fruit  12/18/25 Soft Taco Side Salads or Tried and True | Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/12/25 Personal Pan Pizza Side Salads or Tried and True  Buttered Corn Choice of Milk Choice of Fruit  12/19/25 Sack Lunches Ham & Cheese Sandwich Baked Chips, Sliced Apples |

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate Choice of Vegetable Choice of Fruit Grain/Bread Choice of Milk

#### Vegetable Choices May Include:

Broccoli, Romaine Salad, Spring Salad, Carrots, Tomatoes, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans

### Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, and Mandarin Oranges

#### Tried and True Line:

Daily entrée options may include:

Cheeseburger on a Bun Hamburger on a Bun Chicken Patty on a Bun Spicy Chicken Patty on a Bun

Cheese or Pepperoni Pizza

#### Lunch Prices: Student Free Adult\$ 4.75

### Menu Subject to Change

General Manager Brenda DeSantis metzfoods@cppanthers.org 724.253.3255 ext 1228

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